

# The Fruit of the Spirit

## Part VI; July 12, 2026

### “Goodness”

But the Holy Spirit produces this kind of fruit in our lives: **GOODNESS**. – Galatians 5:22 (NLT)

**How do you cultivate the fruit of Goodness?**

**Goodness grows from seeking God**  
**\_\_\_\_\_!**

Give thanks to the Lord, **for he is good**; his love endures forever. – Psalm 107:1 (NIV)

**Goodness is actually “God-ness” showing through!**

**Let your life be filled with \_\_\_\_\_!**

You know what has happened throughout the province of Judea...how God anointed Jesus of Nazareth with the Holy Spirit and power, **and how he went around doing good**... – Acts 10:37-38 (NIV)

**Doing good deeds doesn’t mean you ARE good.  
But if you are good, you WILL DO good deeds!**

**Be willing to demonstrate \_\_\_\_\_!**

My son, do not despise the Lord’s discipline, and do not resent his rebuke, **because the Lord disciplines those he loves**... – Proverbs 3:11-12 (NIV)

**Goodness does the RIGHT thing,  
even when it’s not the POPULAR thing!**

**Become \_\_\_\_\_ towards sin!**

For once you were full of darkness, but now you have light from the Lord. So live as people of light! **For this light within you produces only what is good and right and true**. – Ephesians 5:8-9 (NLT)

### For Personal/Family Reflection:

**Read Luke 10:30-37. Why would this story of the Good Samaritan be so striking to Jesus’ followers?**

**Highlight some of the things the Good Samaritan did that showed the depth of his “goodness.”**

**What does it mean to “seek God wholeheartedly,” and how does that help produce goodness in us?**

**Look for ways this week to let the fruit of goodness flow through you by doing good deeds for others.**