

“Out with the Old, In with the New!” Part I; December 28, 2025

I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

– Philippians 3:12-14 (NLT)

My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me. – Galatians 2:20 (NLT)

To become a New You, you must die to the Old You!

“Out with the Old!”

Identify the _____ that you need to bury.

Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you... – Psalm 139:23-24 (NLT)

Habits
Attitudes
Sins
Relationships

Hurts
Fears
Failures
Self-images

Be prepared that the “old you” won't _____!

Then he said to the crowd, “If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. – Luke 9:23-24 (NLT)

**The old life is beaten the same way a new life is lived.
One day at a time.**

Don't fight difficult battles _____!

Stand on God's _____.

Lean into God's _____.

Get support from God's _____.

Confess your sins to each other and pray for each other so that you may be healed. – James 5:16 (NLT)

Don't _____.

Success is rarely a straight line of victories.

The godly may trip seven times, but they will get up again. – Proverbs 24:16 (NLT)