

“Out with the Old, In with the New!”
Part I; December 28, 2025

I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: **Forgetting the past** and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.
– Philippians 3:12-14 (NLT)

My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me.
– Galatians 2:20 (NLT)

To become a New You, you must die to the Old You!

“Out with the Old!”

Identify the _____ that you need to bury.

Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you...
– Psalm 139:23-24 (NLT)

**Habits
Attitudes
Sins
Relationships**

**Hurts
Fears
Failures
Self-images**

**Be prepared that the “old you”
won't _____!**

Then he said to the crowd, **“If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow me.”** If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it.
– Luke 9:23-24 (NLT)

**The old life is beaten the same way a new life is lived.
One day at a time.**

Don't fight difficult battles _____!

Stand on God's _____.

Lean into God's _____.

Get support from God's _____.

Confess your sins to each other and pray for each other so that you may be healed.
– James 5:16 (NLT)

Don't _____.

Success is rarely a straight line of victories.

The godly may trip seven times, but they will get up again.
– Proverbs 24:16 (NLT)