

The Seven Habits of Great Relationships

Part VI; May 28, 2023

“Good Fences Make Good Neighbors” (The Habit of Boundaries)

What are boundaries?

“Boundaries are the lines we draw around our lives so that we can be safe, healthy, and effective.”

Symptoms that I need better boundaries:

I feel like people _____.
I don't feel _____ by those I do the most for.
I feel _____ about things I'm doing.
Things that are important to me aren't _____.
I frequently feel _____.

Embrace a healthy _____ of boundaries.

Many people don't know the difference between being “Christian” and being “Codependent!”

Yet despite Jesus' instructions, the report of his power spread even faster, and vast crowds came to hear him preach and to be healed of their diseases. **But Jesus often withdrew to the wilderness for prayer.**

– Luke 5:15-16 (NLT)

If Jesus can draw boundaries, so can WE!

Take responsibility for how you are _____ people in your relationships.

Stop complaining about what you're permitting!

We train them how they can _____ us.

We train them what they can _____ from us.

We train them what the _____ will be.

Recognize the _____ blowback of not drawing boundaries.

Not doing the right thing with others often produces **WRONG THINGS** in me!

I am afraid that I will find quarreling, jealousy, anger, selfishness, slander, gossip, arrogance, and disorderly behavior. – 2 Corinthians 12:20 (NLT)

Remember that boundaries are as good for _____ as they are for _____!

For even when we were with you, we gave you this rule: “The one who is unwilling to work shall not eat.”
– 2 Thessalonians 3:10 (NLT)

We cannot make people change.
But our lack of boundaries help them not to!