

# ***Jesus On Purpose: The Path Of A Resurrected Heart***

## **SERMON 11: “Why Are You So Afraid?” → The Answer: The Beatitudes**

**Texts:** Matthew 5

### **Core Revelation**

Miracles reveal God’s power.

The Beatitudes reveal **what kind of heart can live with that power.**

**A human heart fears because it protects itself.**

**A resurrected heart is formed because it has already died to itself.**

### **I. WHY JESUS GIVES THE BEATITUDES HERE**

At Cana, Jesus shows His glory. People believed because of what they saw.

But Jesus knows: **Seeing power is not the same as becoming transformed.**

So He teaches.

- miracles attract attention
- but teaching forms identity

**The Beatitudes explain the kind of person who can actually walk with Him.**

### **II. THE BEATITUDES: THE BLUEPRINT OF A RESURRECTED HEART**

This is not a list of virtues.

This is a **process of death → then life.**

A movement:

- from false self → to true self
- from control → to surrender
- from fear → to trust

### **III. THE DESCENT (DEATH OF THE FALSE SELF)**

*(The first three Beatitudes)*

#### **1. Poor in Spirit — Death to Self-Sufficiency**

“I have nothing.”

<sup>3</sup> ***“God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs.***

***(Mt 5:3)***

This is the collapse of independence.

**Human Heart:**

- “I can handle this”
- “I need control”
- “I must protect myself”

**Resurrected Heart:**

- “I am completely dependent on God”
- releases control
- accepts spiritual bankruptcy

From the very beginning, the enemy targets our identity. While some attacks are external, his strategy is often far more personal—he works through relationships that are closest to our hearts.

Many people carry wounds from those who were meant to protect and affirm them. When trust is broken in those early, foundational relationships, it does two things: it damages our sense of worth and weakens our ability to trust.

And if trust is broken at that level, it becomes much harder to trust God.

What the enemy is really after is not just pain—but a barrier. A stronghold that keeps the heart guarded, self-reliant, and resistant to surrender.

That is why humility feels so costly—because it requires us to release the very defenses we built to survive.

## 2. Mourn — Death to Self-Justification

“I see what I am.”

<sup>4</sup> *God blesses those who mourn, for they will be comforted. (Mt 5:4)*

This is not sadness—it is **honest grief over the false self.**

### Human Heart:

- defends itself
- avoids conviction
- shifts blame

### Resurrected Heart:

- feels the weight of sin
- stops excusing itself
- allows God to confront it

This foundational humility begins with recognizing our spiritual bankruptcy—genuine believers understand that we have nothing to offer God that earns or secures His favor. These attitudes empty us of self so that we can be filled with the Spirit.

It is the **beginning of realizing that death**—*on this side of eternity, under this world's terms*—is necessary to understand and enter the Kingdom of God. You begin to see that the path Jesus walked was not just a story He lived for us... it was a path He revealed for us to follow.

And the reality is—Jesus was showing His disciples this from the very beginning. They just couldn't see it yet.

This is where Romans 5 becomes real—not as an idea, but as a lived experience. We are called to rejoice in our sufferings, not by pretending we have everything under control, but by surrendering the illusion that we ever did.

Because “having it under control” is often the very thing keeping us from transformation.

The real step forward is this:

to be honest enough, vulnerable enough, and surrendered enough to say, "I am weak... and I need help."

And in that place, the cry becomes real:

**"Come, Jesus... come."**

### **3. Meek — Death to Control and Power**

"I no longer need to dominate."

<sup>5</sup> *God blesses those who are humble, for they will inherit the whole earth. (Mt 5:5)*

This is where the will bends.

#### **Human Heart:**

- fights for control
- protects reputation
- resists authority

#### **Resurrected Heart:**

- yields its will
- embraces humility
- trusts God with outcomes

This is the turning point—where we begin to see the fruit of ascension in our lives.

So it's worth asking honestly:

If I don't see that fruit yet... is it because I'm still stuck in the earlier stages—still struggling to trust, still holding on to control, still not fully dying to self?

Because the reality is, this process is ongoing.

In my own life—personally, in marriage, and in relationships—God is still working on me. But I can say this humbly and honestly: I am beginning to taste and see the fruit of this ascension. Not perfectly. Not consistently. But genuinely.

It's a daily dying.

A daily surrender.

Sometimes I get it right. Sometimes I don't. But the direction and posture of my heart is to yield.

Scripture speaks of being made into pillars—not because we were perfect, but because of how we lived and surrendered. My hope is to live in a way that honors Him, to keep dying to self, enough that He can shape something lasting in me.

And if God is doing anything in my life, I want to be transparent about it—not to suggest I'm better than anyone, but to show that there is real evidence:

**Jesus can take a willing heart and truly transform it.**

My prayer is simple:

that I am pleasing Him,

and that I am modeling this journey well for you.

**\*\*\*KEY TRUTH OF THE DESCENT**

**You cannot trust God in a storm if you have not first died to needing control.**

This is why the disciples feared. They had seen power—but they had not yet died.

#### **IV. THE TURNING POINT (DEATH → LIFE)**

##### **4. Hunger & Thirst for Righteousness — The Awakening**

“I want what God wants.”

<sup>6</sup> *God blesses those who hunger and thirst for justice, for they will be satisfied. (Mt 5:6)*

This is the pivot. Not just empty... but now **longing for something new.**

##### **Human Heart:**

- hungers for comfort
- seeks safety
- desires control

##### **Resurrected Heart:**

- desires righteousness
- longs for God’s will
- craves transformation

This is where:

- death ends
- resurrection begins

##### **You stop living for yourself and start desiring God’s life in you.**

Once we surrender the dominion of the false self, we become open to real transformation. The invitation is to follow the pattern of Christ—death to the old life, and resurrection into new life with Him.

And this is where I want to be direct, because I hear so much noise—at school, online, in podcasts, even in conversations between us.

We can become consumed with conspiracy theories, trying to figure out every injustice, every hidden truth, every “who, what, when, where, and why” of a broken world.

But we already know the world is fallen. And we already know how the story ends—Jesus returns and makes all things new.

So the call is not to chase every battle. The call is to trust the One who has already overcome.

If God wants you involved in something, He will place you there. You don’t have to fight wars He hasn’t assigned to you.

And this leads to something much harder—especially for a heart that has not yet died to control:

He calls us to give ourselves to people who may not deserve it.

Satan was never worthy of Jesus’ life— and yet Jesus willingly gave Himself, even to the point of being mocked and crucified.

So we submit—not because people are worthy, but because our obedience is not ultimately to them.

##### **It is to Him.**

Our allegiance is not to human systems, fairness, or control— it is to the Father’s will, even when it costs us everything.

A lack of understanding that, is evidence of a lack of Trust, because you are manipulating your own honor system because you don’t believe or understand how He honors and plans to honor you.

#### **V. THE ASCENT (THE RESURRECTED HEART IN ACTION)**

##### **5. Merciful — A Heart That Gives What It Received**

<sup>7</sup> *God blesses those who are merciful, for they will be shown mercy. (Mt 5:7)*

##### **6. Pure in Heart — Undivided Loyalty**

<sup>8</sup> *God blesses those whose hearts are pure, for they will see God. (Mt 5:8)*

## 7. Peacemakers — Not Reacting, But Restoring

<sup>9</sup> *God blesses those who work for peace, for they will be called the children of God. (Mt:5:9)*

## 8. Persecuted — Trust That Survives Pressure

<sup>10</sup> *God blesses those who are persecuted for doing right, for the Kingdom of Heaven is theirs.* <sup>11</sup> *“God blesses you when people mock you and persecute you and lie about you and say all sorts of evil things against you because you are my followers.* <sup>12</sup> *Be happy about it! Be very glad! For a great reward awaits you in heaven. And remember, the ancient prophets were persecuted in the same way. (Mt.5:10-12)*

Compassion, singular motive, peacemaking, and endurance through persecution characterize this upward movement.

Crucially, obedience contributes directly to the transformed heart Jesus desires, and walking out the first commandment becomes possible only when we embody the Beatitudes and obey the commands that follow.

Each characteristic—from humility to obedience—flows from **true faith**, and this **obedience originates from the heart rather than mere external compliance**. This is why from Cana to when He walked on water, in the midst of the healings and preaching the Kingdom, He stops to bring into focus the purpose for the flashy stuff. It was to orientate them to the victory plan, the victory path.

### **Next week we will expose the underlying truth of Jesus walking on water.**

This resurrected heart reflects Christ’s own pattern: Jesus perfectly embodied the Beatitudes in his life, death, and resurrection.

He invites us not to achieve spiritual greatness through worldly metrics or its paradigm but to live vulnerable and surrendered. 1. Finding security in The Father rather than possessions, or our own god complex. 2. Finding worth in God’s love rather than reputation, and 3. significance in community rather than success.