



*Date: 08/30/25

Speaker: Minister Josh Coe

Scripture

Colossians 3:1-4,5-9,10-11,12-15

- We are dead the ways of this world. We shared in Christ's death and his resurrection. As a believer raised to a new life with Christ, our eyes are open to the new life and focused on the realities of heaven. My real life is hidden in Heaven.
- As new creations, we are to do away with the things that are earthly desires. Lustful desires, anger, rage, malicious behavior, slander, dirty language, and lying. This is the sinful nature that has been stripped off.
- No matter how we came to Christ, we are to put on our new nature and be renewed as we learn to know God and become like him, be imitators of God (Ephesians 5:1).
- We must clothe ourselves with love, letting peace rule our hearts. Clothe ourselves with mercy, forgiveness, kindness, humility, gentleness, patience.
- All of these things, God has been towards us. So as we do these things, we are getting to know God and becoming more like Him.

5 Practical Ways to Live as The New Man in Christ

Speaker: Minister Marvin Bonilla

1. Speak Faith, Not Fear

- Scripture:
 - 2 Corinthians 4:13 *"I believed, and therefore have I spoken..."*
 - Ephesians 4:29 "Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying..."
- Notes:
 - Our words shape our perspective. The old man focuses on what is seen and encourages pessimism. The new man declares God's promises keeping hope alive. The new man speaks faith, not fear.
- Action Step:
 - Each day this week, declare one promise of God over your life, family, or circumstance.
- Question:

- Poll: When pressure comes, are your first words usually complaint, silence or faith filled declaration?
- Share one time your words changed the outcome of a situation—how did speaking faith shift your perspective or encourage others?

2. Cast your cares daily

- Scripture:
 - Philippians 4:6–7 “...by prayer and supplication with thanksgiving let your requests be made known unto God.”
 - 1 Peter 5:7 “Casting all your care upon him; for he careth for you.”
- Notes:
 - The old man carries burdens in silence. The new man casts their cares, daily, with prayer and thanksgiving.
 - Put our trust in God knowing He knows better, His way is better. When you cast your cares onto God, believe with full faith that he is able. Without full faith, you should not expect to receive from the Lord (James 1:6-8).
- Action Step:
 - Begin each morning by physically naming one burden and releasing it to God in prayer.
- Question:
 - What’s one area you need to release to God this week?
 - How has casting your cares on the Lord changed your peace in trials compared to when you carried them yourself?

3. Training the new man with daily discipline

- Scripture
 - 1 Timothy 4:8 “...godliness is profitable unto all things...”
 - 2 Corinthians 4:16 “...the inward man is renewed day by day.”
- Notes:
 - Spiritual maturity comes from consistent prayer, being in the word daily and putting it into practice. This way, you will be prepared when unexpected things occur.
- Action Step:
 - Set aside a consistent “firstfruits” block of time (even 15–30 minutes) each morning for prayer and Word.
 - Example: Fervent prayer allows God to receive our first fruits
- Question:
 - Poll: What is your most consistent spiritual discipline: prayer, reading the word, worship, fasting?
 - These spiritual disciplines become tools the Holy Spirit uses to steady us.
 - In what ways have you noticed spiritual discipline shaping your responses to trials?

4. Reframe trials with an eternal perspective

- Scripture
 - Romans 8:18 “The sufferings of this present time are not worthy to be compared with the glory...”
 - 2 Corinthians 4:17–18 “...our light affliction... worketh... an eternal weight of glory...”

- Notes:
 - Troubles are light and momentary compared to eternal glory. The old man only sees pain, but the new man looks for God's refining purpose.
- Action Step:
 - Write down one current trial and beside it, write how God may be using it to grow your faith or comfort others.

5. Build and boast in community

- Scripture:
 - 1 Corinthians 14:26 *"...let all things be done unto edifying."*
 - Jeremiah 9:23–24 *"Let not the wise man glory in his wisdom... but let him that glorieth glory in this, that he understandeth and knoweth me..."*
- Notes:
 - The new man doesn't isolate, but leans on the power of Christ. We don't rely on our own strength.
- Action Step:
 - Encourage one person in the body this week with Scripture or prayer.
- Question:
 - Poll: According to 2 Corinthians 4, what happens to the inward man even as the outward man perishes?
 - It grows weaker
 - It's destroyed completely
 - Renewed day by day
 - Poll: Which of the following best describes the "new man" perspective taught in this study?
 - Focus on present troubles and react in fear
 - Shift speech, burdens, habits, perspective, and community to align with Christ
 - Rely only on personal strength and wisdom

Challenge Action Step:

- Memorize 1 verse from 2 Corinthians 4.
- Share a testimony that boasts on the Lord on Friday.
- Invite one person to bible study next week