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Speaker: Minister Marvin Bonilla

Five Practical Ways To Build an Unshakable Life in Christ

Scripture

1. Build on the Rock: Hear and Do the Word

Scripture:

- Matthew 7:24–27
- Luke 6:46–49
- James 1:22–24

Notes:

- Many people hear God's word but fail to put it into practice. Only the wise will put God's word into practice.
- Obedience produces peace and stability in moments of instability. Every act of obedience strengthens faith.

Action Step:

- Ask a trusted believer to hold you accountable for acting on one area of obedience this week.

Questions:

- Poll: Do you usually find it harder to hear the Word or to do the Word?
 - Hear the Word
 - Do the Word

2. Love Proven by Obedience

Scripture:

- John 14:15, 21, 23–24
- John 15:9–12
- 1 Timothy 1:5

Notes:

- Love is not proven by words and feelings alone. It's consistent obedience (action) that shows we love Him and trust in Him.
- Demonstrate genuine love for others as an act of obedience.

Action Step:

- Ask yourself each morning: How can I show love for Christ through obedience today?" Then journal one way you obeyed by night.

Questions:

- Have you ever felt God ask you to do something uncomfortable? How did you respond?
- How does obedience reshape the way we understand and express love?

3. Deny Self and Walk in Daily Surrender

Scripture:

- Luke 9:23–25
- 1 Peter 4:1–2
- Romans 12:1–2

Notes:

- The world glorifies self-will but we are called to surrender to God's will. This leads to transformation/renewal of mind and spirit.
- Surrendering daily to God's will allows us to walk holiness and brings lasting joy.
- Surrender weakens the flesh and strengthens our faith.

Action Step:

- Identify one area where self-will rules (habits, pride, desires). Surrender it to God in prayer and make a small step of obedience instead.

Questions:

- Poll: Which area is hardest to surrender?
 - Pride
 - Desires
 - Time
 - Finances

4. Practice Forgiveness and Unconditional Love

Scripture:

- Luke 6:37–38
- 2 Corinthians 2:8–11
- Matthew 22:37–39

Notes:

- Forgiveness and love aren't optional. They are non-negotiables.
- We are IN this world but we are not OF this world, so we are not to act how the world acts. We are called to act according to the way the Word tells us to act.
- If you forgive and love, you shut the door to Satan and build strength and stability in your spiritual life.

Action Step:

- Write down one person you've struggled to forgive. Pray blessing over them this week and reaffirm love by an act of kindness or prayer.

Questions:

- Do you find it harder to forgive quickly or to love unconditionally?

5. Stay Spiritually Awake and Rooted in Hope

Scripture:

- Genesis 22:1–3
- 1 Peter 1:13–16

- 1 Peter 5:8
- Colossians 3:1–2

Notes:

- Eternal hope is where you should stay rooted and endurance is built.
- Focus on God's promises. Live watchful and anchored in God's promises.

Action Step:

- Begin and end each day with gratitude and worship to keep your heart awake and fixed on eternity.

Questions:

- Poll: Which is your greatest distraction right now?
 - Worry
 - Busyness
 - Entertainment
 - Discouragement
- How does keeping an eternal perspective strengthen us to obey today?