



Date: 07/26/25

Speaker: Minister Josh Coe

### **Scripture**

Understand that you might not be one type of ground in all areas in your life. Knowing where you are in different areas of your life will allow you to focus on what needs work so you can give it to the Lord and get you where you need to be.

Psalm 51:16-17

- If we're looking for God to hear us, it's not a sacrifice that the Lord wants. He doesn't want that.
- He desires a broken spirit. When we talk about repentance and seeking Him, that's what He wants (godly sorrow).

Joel 2:12-14

- This is the time (this grace period) for us to seek the Lord. After death is too late.
- Give yourselves over to the Lord, humble and in a place to receive the Lord. Don't worry about outward shows of grief, have a true heart of repentance.
- Our God is full of grace and wants all to repent. He doesn't want anyone to perish so He is eager to forgive.

The ground we're trying to change is our heart. When we give it to the Lord, we can begin to have that change.

Speaker: Minister Marvin Bonilla

## **5 Practical Ways to Cultivate True Repentance and Conversion**

**Objective:** To guide us towards genuine repentance and conversion and practice practical spiritual growth that produces lasting spiritual fruit.

**Key Verse:** Acts 3:19

### **1. Honestly evaluate and address your spiritual ground.**

Scripture:

- Mark 4:13-20, Psalm 51:16-17, 2 Chronicles 7:14

Action Step:

- Conduct a personal ground check this week and identify an area where your heart is distracted and ask God to help you prepare that ground.

Question:

- What is an area of your life you recently realized needed deeper spiritual attention?

## **2. Practice genuine repentance by turning away from sin.**

Scripture:

- Acts 3:19-20, 2 Corinthians 7:8-11, Isaiah 55:6-7

Action Step:

- Make a sincere and actionable repentance plan for an issue that God has convicted you about. Take practical steps towards real change.

Question:

- Which aspect of true repentance is hardest for you?

## **3. Demonstrate true conversion through spiritual fruit.**

Scripture:

- Matthew 3:8, Matthew 18:3-4, Romans 12:1-2

Action Step:

- Choose one specific fruit of the spirit to intentionally cultivate this week and monitor your progress daily.

Question:

- What visible change(s) have others noticed in you since your conversion?

## **4. Persevere courageously through challenges.**

Scripture:

- 2 Timothy 3:10, Galatians 6:9, Matthew 5:9–12

Action Step:

- Reflect on a current challenge or trial you are facing, commit it to prayer and declare daily faith statements to reinforce your spiritual resolve.

Question:

- How has perseverance in your faith positively shaped your spiritual journey?

## **5. Commit daily to renewing your mind through God's Word.**

Scripture:

- Romans 12:1–2, Ezekiel 36:25–27, Ephesians 4

Action Step:

- Dedicate 10 minutes daily specifically dedicated to reading and meditating on scripture and allow it to transform your mindset.

Question:

- What scripture or truth from God's word has significantly impacted your thinking recently?