

## session 2

# The Battle of the Mind



Philippians 4:4-8

**I. Build the Wall of \_\_\_\_\_ vs. 4**

- We are commanded to rejoice!  
Rejoice in \_\_\_\_\_.
- Rejoice in \_\_\_\_\_.

**II. Build the Wall of \_\_\_\_\_ vs. 5**

- “Moderation” means gentleness, graciousness, a gentle and gracious spirit.
- It has the idea of being patient with others.
- “Can I Wait?” Galatians 5:16

**III. Build the Wall of \_\_\_\_\_ vs. 5-7**

*Oh what peace we often forfeit, O what needless pain we bear, all because we do not carry everything to God in prayer.*

**IV. Build the Wall of \_\_\_\_\_ vs. 8**