



# Welcome

We hope you enjoy your time with us today

## DISCIPLEMAKERS News/Events:

### FCOBmembership

**Today** is our Membership class where we will “Learn more about what it means to become a member of FCOB.” Becoming a member or prior attendance at fcobDiscovery is not required. Lunch will be provided. Room 207.

Calling FCOB Women!



**Aspire** Women's Conference

May 13th

@ Ringgold Church in Hagerstown.

Tickets are still available for those interested in attending this event that promises laughter, learning, stories & music! Doors open at 6:30pm. Register online, @ Guest Services, or contact the church office at 301.662.1819 or info@fcob.net.

**Parent's Night Out** has been rescheduled to May 13th from 4pm to 8pm! This will be for 4-year-olds to 5th graders! Sign-up online, @ Guest Services or by contacting the church office.

We need addresses of our **College Students**. Please provide mailing addresses for your college student at info@fcob.net, @ Guest Services or by contacting the church office. We want to bless them with a delivery to show our love and support.



Tickets are available for sale today thru May 8th @ Guest Services for our

### **Mother ~ Daughter Banquet**

Thursday, May 12th in the MPR. Doors open @ 6p, Dinner & Program “Sonflowers” begins @ 6:30p. Tickets: \$10 for adults, \$5 for children 4-10, Free for children 3 and under. Make checks payable to FCOB Women's Guild. Contact the church office at 301.662.1819 or info@fcob.net for more info.



**Register & VOLUNTEER @**

<https://vbspro.events/p/events/fcobmonumental>



Preschool Registration **NOW OPEN** for 2's, 3's, 4's, & K Prep for the 2022-23 school year. For info call 301-662-4730 or email info@fcob.net.

## REACH: Locally & Globally



**Today**, Evangelism Commission invites you to celebrate *Kristen* and her mission work in the UK. Join us after each worship service in the Sanctuary as Pastor Greg interviews Kristen. She will also be available to answer any questions you may have. What a wonderful opportunity to LOVE & encourage an FCOB supported missionary.

**Reach CROSSROADS2022** is Aug. 6-13 in Stearns, Kentucky. FCOB will be volunteering at *The Lord's Café*, as well as Bible School, hair salon, hygiene, baby care, laundry. For more info, contact us @ Guest Services, or the church office at 301.662.1819 or info@fcob.net.



Join us as we partner with the FCOB Rescue Mission on **May 18th & 28th**. Volunteers are needed to assist with various duties. For more info contact info@fcob.net or talk to Pastor Greg.

**SAVE THE DATE: June 6th** the Frederick Rescue Mission is hosting a Golden Mile Giveaway in the Home Depot Parking lot on Rt. 40. Food and other items will be distributed. Details coming soon.

To complement recent donations to our Food Pantry, the Deacon's are requesting the following items: **canned chicken, tuna fish, peanut butter, jelly, corn, green beans**. Drop off on Sundays @ Guest Services, Tuesdays when the Pantry is open from 9-11am, or the church office.

The **41st Annual Mid-Atlantic Disaster Response Auction** is Saturday, May 7th at the Carroll County Ag Center-Shipley Arena.

## FCOB: News & Events

A **Congregational Forum** to approve the budget is Tuesday, May 24<sup>th</sup> at 7:00 pm in the Sanctuary. Copies of the proposed budget are available @ Guest Services. ASL interpretation will be available at the meeting.

## CONNECT

A reminder that there are many ways to connect with us. Want more info about FCOB or projects? Need to sign-up for an event? Want to volunteer? Here's how: Guest Services Table, FCOB APP, Bulletin, TVs, Announcements in Service, online @ fcob.net, Weekly Email, Church Office @ 301.662.1819 or info@fcob.net.

## THREE WAYS TO GIVE

**1 GIVE IN SERVICE [Cash or Check]**

Please use giving envelopes for tax deductible contributions. Giving Envelopes are available

**2 GIVE ONLINE [Debit or Credit]**  
fcob.net and click on GIVE tab or our APP!

**3 GIVE BY TEXT MESSAGE [Cash or Check]**

Text "FCOB" to 833-245-8437.

**TODAY: May 1, 2022**

- 8:30 AM — Traditional Service
- 9:45 AM — Christian Education
- 11:00 AM — Contemporary Service

Services are livestreamed on Facebook, [www.fcob.net](http://www.fcob.net) & youtube.

9:45 AM – Deaf Fellowship in The Chapel.

Also online on Facebook & Youtube @FCOBDeafFellowship.

**Nursery & Preschool Care** is available during Christian Education. Nursery is birth to Age 2 in Room 216. Pre-school is Age 2 to Kindergarten in Room 221. Nursery Care is available during the 11am Service.

**We invite you to share prayer concerns** by contacting [laura.anspach@fcob.net](mailto:laura.anspach@fcob.net) or [info@fcob.net](mailto:info@fcob.net) or the church office. *If you have listed a loved one on the prayer list and their health has improved, please let us know so we may rejoice in God's healing power and share with others by updating our list.* Prayer lists are available online and at Guest Services.

**A Candle of Remembrance** on the left side of the platform reminds us to pray for those who are in military and alternative services and to pray for peace.

**The Chancel Flowers** are given in loving memory of my Mom, Eleanor Beachley and my Husband, Jesse Shank by Pat Shank.

Our **Prayer Family of the Week** is:

Ben Barlow



**MISSIONARY OF THE MONTH**

Name: **Kristen Lalley**

Mission: **SERGE**

Serving: **UK**

**SERMON Notes:**

**CALENDAR!**

MAY		
1	Men's Online bi-weekly Bible Study	8:30p
1	RECHARGE CALANDER	6:30p
2	Women's Ministry Monday Bible Study	9:30a
2	Men's Ministry Monday Bible Study	7:00p
3	Deacon Food Pantry Open (2 hours)	9:00a
3	Women's Ministry Tuesday Bible Study	10:00a
5	FUSE (Young Adult Bible Study)	6:30p

**CONNECT**

Church Office @ 201 Fairview Avenue, 8a to 4:30p, Monday—Friday, 301.662.1819, [info@fcob.net](mailto:info@fcob.net)

# LIFE@FCOB



05.01.22

### Love. Proclaim. Reach.

At FCOB, this is more than a slogan; it is our heart's desire.

We believe we are called to **Love** God and others. This **Love** then compels us to **Proclaim** the truth of the Gospel, and **Reach** people locally and globally. As we do so, we challenge individuals to begin a personal relationship with Jesus Christ.

We believe Jesus sees incredible potential in every person, and is prepared to work with us for the rest of our lives. In working with us, He changes us to become more and more like Him. He then will present us to His Father as complete and Christ-like, without fault and blameless.

It is our sincere hope that your experience today will help move you forward towards a relationship with Jesus Christ, or deeper in your relationship with Him.

### Connect with US!

Our APP will give you quick and easy access to connect with FCOB. Use QR Code or search for FCOB Frederick.



### Memory Verse of the Week

"But now He has reconciled you by Christ's physical body through death to present you holy in His sight, without blemish and free from accusation."  
-Hebrews 1:3

### Are you new?

It is great to have you with us today! Whether you are visiting or looking for a church home—whatever your circumstances—and no matter where you've been or what's happened in your life, you are welcome here.

**Text "welcome" to 240-679-8121 or fill out the CONNECT CARD** located in the back of a pew or seat so we may connect with you as much or as little as you wish. Also stop by our Guest Services table. We want to say "hello" and we have a gift for you!

### No strings attached

As a new guest, you are not expected to give. We are just thrilled to have you join us today.

### What to expect

You are here with people just like you. Our 8:30am worship is our traditional version with beautiful hymns accompanied by organ & piano. Our 11:00am worship has a contemporary flare with a Praise Team and video components. No matter which service you attend, anticipate an experience that is encouraging!

