

Get Your Life Back

WEEK 5: YOUR SOUL NEEDS LOVE

BIG IDEA:

Many of us conceptually believe that God loves us, but we don't live our lives as if this is actually true. We sometimes wonder how God could really love us in all of our mess and we even can build-up a resistance to God's love. But, if we truly understood how much God loved us, then it would change so much of what our souls are longing for.

KEY VERSES:

1 John 4:7-9 "Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God. But anyone who does not love does not know God, for God is love. God showed how much he loved us by sending his one and only Son into the world so that we might have eternal life through him."

DISCUSSION QUESTIONS:

1. Have you ever experienced a soul wound? Where someone really hurt you deep-down? What effect has that had on your response to the love of God?
2. Have you ever doubted the love of God?

Key Point #1: Our souls can't receive the love they need until they receive the love they've already been given.

3. How would you define love? What does it mean to you that "God is love"?
4. What are the ways that God expresses His love to you? How do you know that God loves you?

Key Point #2: The way you treat your soul is the way you will treat the soul of others.

5. What does it mean to love others the way the God loves you? What are some steps you can take to grow in this area?

Key Point #3: The secret weapon for your soul is choosing to love a God who has never stopped loving you.

6. Is it hard for you to believe that God doesn't love you any less when you fail or more when you succeed? Why or why not?

MOVING FORWARD:

Your heart is made in the image of God, so your soul and heart will never be satisfied until it beats with the things that make His heart beat. Our souls can't receive the love they need until they receive the love they've already been given. Discuss as a group, what does it look like/what is one thing you could do to better embrace God's love for you?