

Living That Blessed Life

WEEK 1 – CHOOSE LIFE

BIG IDEA:

Almost all of us are living that blessed life. We are blessed and we don't even know it. The blessed life is not about what we do or do not have, it is about the condition of your heart. Is what you have enough? Is God truly enough? Has he blessed you enough? Until God is enough, then nothing will ever be enough. The blessed life is a choice!

KEY VERSE:

Deuteronomy 28: 1-19, ***If you fully obey the Lord your God and carefully follow all his commands I give you today, the Lord your God will set you high above all the nations on earth. All these blessings will come on you and accompany you if you obey the Lord your God: You will be blessed in the city and blessed in the country. The fruit of your womb will be blessed, and the crops of your land and the young of your livestock—the calves of your herds and the lambs of your flocks. Your basket and your kneading trough will be blessed. You will be blessed when you come in and blessed when you go out. The Lord will grant that the enemies who rise up against you will be defeated before you. They will come at you from one direction but flee from you in seven. The Lord will send a blessing on your barns and on everything you put your hand to. The Lord your God will bless you in the land he is giving you. The Lord will establish you as his holy people, as he promised you on oath, if you keep the commands of the Lord your God and walk in obedience to him. Then all the peoples on earth will see that you are called by the name of the Lord, and they will fear you. The Lord will grant you abundant prosperity—in the fruit of your womb, the young of your livestock and the crops of your ground—in the land he swore to your ancestors to give you. The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none. The Lord will make you the head, not the tail. If you pay attention to the commands of the Lord your God that I give you this day and carefully follow them, you will always be at the top, never at the bottom. Do not turn aside from any of the commands I give you today, to the right or to the left, following other gods and serving them. However, if you do not obey the Lord your God and do not carefully follow all his commands and decrees I am giving you today, all these curses will come on you and overtake you: You will be cursed in the city and cursed in the country. Your basket and your kneading trough will be cursed. The fruit of your womb will be cursed, and the crops of your land, and the calves of your herds and the lambs of your flocks. You will be cursed when you come in and cursed when you go out.***

DISCUSSION QUESTIONS:

1. How does the Bible define a “blessed life”?
2. What is the difference between a “blessed” life and a “cursed” life? How do these two choices appear in your everyday life?

Key Point #1: The choices I make today determine the consequence I live with tomorrow.

3. Are there any areas of your life where you have taken on a “victim mentality”? How should you change your way of thinking regarding that situation?

Key Point #2: Blessings Follow Obedience

4. Are there any areas of your life where you have struggled to obey God fully? What steps can you take to more closely obey what God is calling you to?

Key Point #3: The Blessed Life is a Choice

5. Do you regularly make choices that lead to life?
6. In what area(s) of your life do you feel the Holy Spirit is calling you to trust Him? What is holding you back?

MOVING FORWARD:

God desires for you to live a blessed life; to be a blessing to the world. Too many of us have lived our lives with our hearts shut to God. He wants to open our lives today. One of the ways he does that is by using us to be a blessing to the others. It always connects our hearts to his. This series is about trusting God and obeying His instructions and experiencing God's blessings in our lives. The major focus of this series is going to be about our heart. Living that blessed life isn't really about money, it's about a heart condition. As a group, discuss what steps you need to take to live a blessed life; a more obedient and generous life.