

Overcomer

WEEK 2- OVERCOMING YOUR LABELS

BIG IDEA:

How would you describe yourself? We describe and are described with labels; *a classifying phrase or name applied to a person or thing, especially one that is inaccurate or restrictive*- some are positive- some are not. Labels are powerful!

KEY VERSE:

John 8:36 - So if the Son sets you free, you will be free indeed.

DISCUSSION QUESTIONS:

1. How would you describe yourself? When you look in the mirror, what do you see?

Key Point #1: The longer we define ourselves by our labels, the more it determines our future.

2. What labels do you carry? At what point were they placed on you or when did you pick them up? How much weight do they hold in your life?

Key Point #2: Satan's label-making process: you experience something deeply painful, you connect what happened with who you are, and you become a prisoner tormented by your past.

3. Have you ever been overcome by shame? "Shame" loves to live (and rot!) in the dark. What are you ashamed of?
4. Are there things in your past that have caused you to want to hide from God?
5. Just like Adam and Eve, step out into the presence of God and let Him help us deal with it! What steps can you tangibly take to overcome the barrier of shame in your life?

Key Point #3: God's label removal process: surrender, every present thought, Understand, you can't change the past, and trust, Jesus can & will change your future.

6. Do you live like you believe you are a child of God? Is that difficult for you? In what way(s)?
7. How can God use your unique story, and the lessons you have learned from it, as a platform to reach people for Him?

MOVING FORWARD:

Matthew 10:30 says those that are willing to lose their lives will ultimately find it. It's at the end of our lives (the end of our rope) that we ultimately find Jesus. It's in the moments when we are exposed and throw our hands up to Him, that Jesus scoops down and picks us up. As a group, answer this question: what are you carrying that you are allowing to define you? And what you need to do to fully release it to Jesus?