# Digging Deeper: John 6:60-71

Written by: Rick Noonan (Elder at MACC)

## Day 1

Find a quiet place to pray. Read John 6:60–71, and then meditate for a while on what you have read. Humbly ask the Holy Spirit to show you what He has for you today. In verse 60 and 61, what shocking or offensive thing had Jesus just said in the previous verses? Check out Leviticus 17:10–11 to see why the disciples were so upset. What do you think Jesus was really talking about? Read 1 Corinthians 11:23–29. What is the body of Jesus? What is the blood of Jesus? How are we supposed to approach the body and blood of Jesus? What happens if we approach communion improperly?

### Day 2

Pray, thanking God for today and for His Word that we can learn from. Read John 6:60–71. Jesus continues in verses 63–65. What does Jesus say gives eternal life? Check out John 14:17. What else does he say about it? Read Romans 8:23–30. How important do you think the Holy Spirit is for you?

### Day 3

Start by thanking God for His many blessings in your life. Then, with humility, ask him for what you need. Read John 6:60–71. What does bread symbolize for you? Read Luke 22:19–20. Are you looking for sustenance in anything less than the true bread of life?

### Day 4

Pray for how Jesus can use you today, to be His local hands and feet to help others around you, your family, your neighbors, and even random people you meet today. Read John 6:60–71. Because Jesus' message here was challenging to accept, many followers chose to walk away. See verse66. What did Jesus do next? What did Peter say in response? How would you answer Jesus' question?

### Day 5

Before you read, pray. Praise God. Thank Him for what you have. Ask him what you can be doing for others. Ask him for what you need. Read John 6:60–71. How did Jesus know that Judas would be used by Satan to exploit Him for his own personal gain? Grab a dictionary(.com) and lookup 'omnipotent.' Jesus knows everything and can do anything. Read Matthew 26:14–16. Is there anything in your life (thought, action or word) exploiting Jesus for personal gain?

#### Day 6

As you pray and thank God for your many blessings, write down your thoughts and ideas from your prayer times. How can you put these things into action for your life? Journaling before, during and after your quiet times is one of the best ways to put God's love into action in your life. Read John 6:60–71. What truth from these verses would you like to apply to your own life this week? What makes it relevant to you? How can you actively put this truth into practice?