

# What's Happening at MACC

## MACC MINISTRIES AND LIFE GROUPS

**MACC FIT** - We are offering a new fitness program here at MACC beginning THIS WEEK. To begin, classes will be offered on Tuesday, Wednesday and Thursday mornings from 5-8am. Come and work through the specific day's routine and you're done. You'll find the daily routine and Scripture on our FiT board (located in the gym). You'll have the opportunity to memorize a daily scripture, as well as work on your mind and body. It is a timed circuit-training routine. We will be adding spin classes soon! Contact Pastor Bill at bill.craig@themacc.org for more information.

**Upward Basketball at MACC** - We need refs, coaches, and volunteers for our Winter Upward program. Upward is an incredible opportunity to have fun playing sports and to share the gospel! Come join the fun! Evaluations will begin in early November and practices will be Tuesday and Wednesday evenings beginning Dec. 1st. Games will be on Saturday mornings starting January 9. Register at <http://www.upward.org/leagues/491881963/Basketball>.

**MACC Kids and Weekday Childcare** - Our Sunday morning MACC Kids ministry team is still looking for a few more adults and teens who love Jesus and love kids! From rocking babies, to greeting families, to leading small groups, we have lots of opportunities to get involved with our infants through 5th graders.

**MACC Missions** - We will be sending teams to Haiti, Peru, Turkey, Albania, Africa, India and locally in the USA in 2016. Email Pastor Bill to find out more about our 2016 mission opportunities or to sign up for our information and planning nights at bill.craig@themacc.org.

**MACC Camp Out** - On October 16th, MACC will host our first Fall Campout! We are looking for volunteers to help with cooking, a bonfire, games, a movie and much more. Bring your camper or tent as we worship and fellowship under the stars right here at MACC. Email Pastor Bill at bill.craig@themacc.org for more information.

## MACC MISSIONS/OUTREACH - LOCAL & ABROAD

**Crofton Food Pantry** - MACC is collecting items for the hungry. This month, we are looking for cereal and boxes of instant oatmeal. Please drop your items in the bin located in our lobby anytime during the month of October.

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## MACC EVENTS/OPPORTUNITIES

**Syrian Refugee Supply Drive** - Several MACC members are organizing a collection of supplies for Syrians in refugee camps. They are working with a Christian organization who will deliver much-needed supplies as well as Biblical truth and love. Items include:  
sneakers and sweats  
undergarments (for men, women and children)  
powdered milk or other non-perishable food items  
diapers and feminine products  
sleeping bags, mats and tents  
Also needed are donations of cash to pay for shipping costs. Please contact Janelle (jhowarth0505@gmail.com) or Sheila (sheila@themacc.org) for more info.

**Winter Relief** - Be part of Winter Relief for the homeless during the week of December 14th-20th. We will need drivers, directors, cooks, and many volunteers as MACC offers shelter to 60 people! We are asking ministry teams and life groups to adopt a night to host games, sports activities, music, movies, etc. We are also asking everyone who plays pickup sports to take that week and pay it forward by serving at Winter Relief. This is an opportunity to serve and love those in need right in our own home. Stop by our table under the tent to find out more.

[www.themacc.org](http://www.themacc.org)

## New to MACC? Welcome!

We are excited that you have joined us this morning! We would love to get to know you and get you connected with the MACC family! Stop by the Welcome Table and pick up a Welcome Bag.



## Tired of Being Stuck? Get Unstuck! "Fear" "Less"

October 11, 2015  
Pastor Lew Schrumm

### Prayer

Join the MACC family in prayer! If you would like to be added to the distribution of prayer concerns and be willing to pray for the needs of our church family, please indicate this on the Connection Card and provide your email address.

