

# year-End Reflection

Muskingum Valley Vineyard Church

December 28, 2025

Notes



# Reflection Questions

1. What were the most significant memories, events, conversations, or activities of the past year for you?
2. What would you like to celebrate from the past year (unexpected blessings, good gifts, personal "wins," etc.)?
3. What was challenging this year? What did you expect to do, but didn't do? What are your biggest places of loss or grief?
4. What was the single biggest time waster this past year? What was the best way you used your time this past year?
5. In what ways did you grow this year (emotionally, physically, relationally, spiritually)?
6. Pick three words to describe this past year.

# Looking Forward



1. What brings you excitement and joy as you think about the year ahead?
2. What are the areas that you sense God inviting you to lean into this year (finances, health, relationships, etc.)? In what areas would you like to grow this year?
3. When times get tough this year, what truth or value do you want to remember about yourself and God?
4. What are life-giving ways to connect with God in the year to come? Do you have intentional practices and space in your life to pursue these?
5. What do I need more of? What do I need less of? (What does my heart need?)
6. Is there a particular word that embodies where I think God might be leading me for the year to come?

# Additional Resources

- Some of today's reflection questions come from Tsh Oxenreider. Find her full list, plus more comprehensive questions for looking forward at <https://thecommon.place/p/endoftheyearreflectionquestions>.
- If you chose a word for this year, consider the following practices to help keep it front of mind:
  - Write it on a sticky note and put it on your bathroom mirror, above your kitchen sink, or anywhere else you will see it regularly.
  - Write it on a stone to serve as a memorial, just as the Israelites created a stone memorial in Joshua 4.
  - Put it on your phone's home screen.
  - At the end of each month, reflect by asking yourself, "Where did I see/experience \_\_\_\_\_ this month?" or "How did I embody \_\_\_\_\_ in the last month?" (Tailor the question to your word.)
- In your time with God, ask him if there is a Bible verse or passage that he might want to guide you in the year ahead.
- Use the discussion questions below in your Microchurch, with family, or with friends to process what you sense God might be doing through this time of reflection.
- If you want resources for more regular reflection, let Katie know; she has a packet she can e-mail you.

# Discussion Questions

1. What stuck out to you the most during the time of reflection?
2. Was the time of reflection challenging for you? Why or why not?
3. Did you see any patterns emerge as you reflected?
4. Did you feel like God was highlighting anything for you during your reflection time?
5. Do you have a word for 2026, or a couple of words you're considering?