

Week

3

# When in Doubt

The  
Unexpected  
Gift of  
Disillusionment

## 1-minute recap

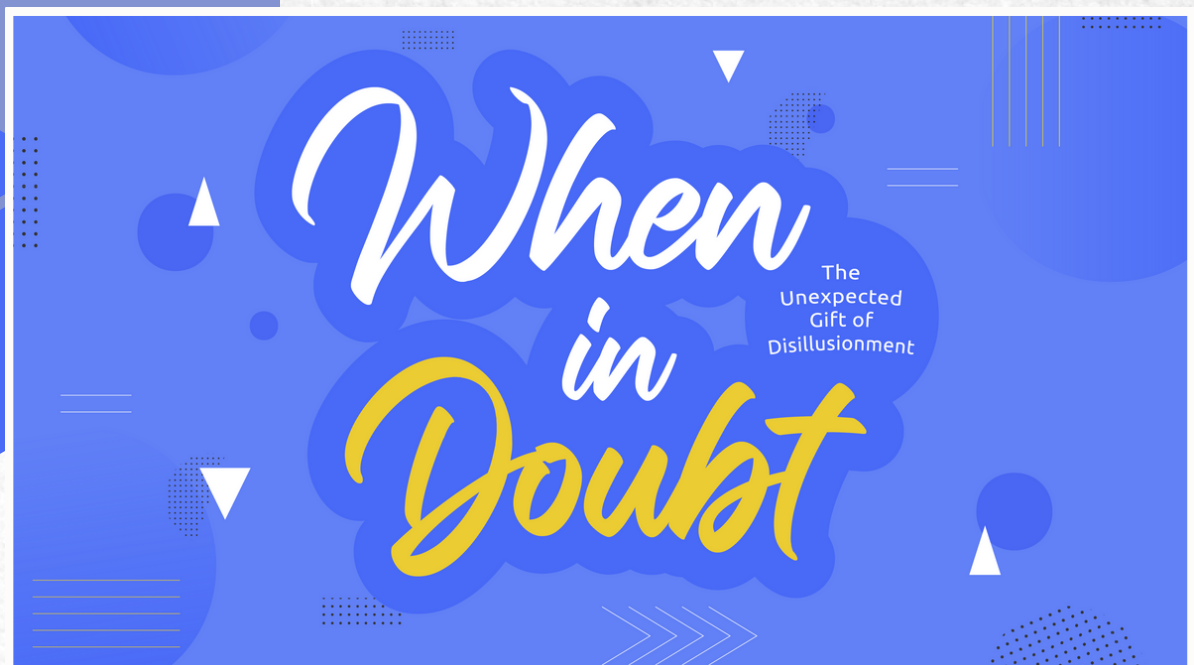
It's one thing to be disillusioned by God and the world around us, but it is another to be disillusioned with ourselves. The kind of doubt isn't because God isn't who you thought he'd be, moreso how you aren't the person you thought you'd be.

**When you begin to doubt yourself and are tempted to lose hope that you are capable of change, what is something that helps? Something that makes it worse?**

## Dive in.

*When Peter pretended not to know Jesus, he was in self-preservation mode. Do you empathize with Peter? Why or why not?*

Peter replied, "Man, I don't know what you're talking about!" Just as he was speaking, the rooster crowed. The Lord turned and looked straight at Peter. Then Peter remembered the word the Lord had spoken to him: "Before the rooster crows today, you will disown me three times." And he went outside and wept bitterly.



## LEARN

Jesus said to Simon Peter, “Simon son of John, do you love me more than these?” “Yes, Lord,” he said, “you know that I love you.” Jesus said, “Feed my lambs.” Again Jesus said, “Simon son of John, do you love me?” He answered, “Yes, Lord, you know that I love you. Jesus said, “Take care of my sheep.” The third time he said to him, “Simon son of John, do you love me?” Peter was hurt because Jesus asked him the third time, “Do you love me?” He said, “Lord, you know all things; you know that I love you.” Jesus said, “Feed my sheep.

## UNPACK.



**1) Why do you think Jesus asked Peter this question three times?**

**2) Have you ever had to forgive someone who turned their back on you or did something that did not match the love they professed for you? How did you handle it?**





## **FOLLOW | Daily Examen**

**Practice allowing God to examine the heart (Ps. 139:23-24)**

**What avenues or remedies do you look for to solve your sense of failure or disillusionment in yourself?**

- **Ask whoever is comfortable to share one specific example of dealing with personal failure. In those moments, what or where do you try to escape?**
- **Ask everyone to close their eyes and cover everyone with this verse in prayer:**

Those who enter into Christ's being-here-for-us no longer have to live under a continuous, low-lying black cloud. A new power is in operation. The Spirit of life in Christ, like a strong wind, has magnificently cleared the air, freeing you from a fated lifetime of brutal tyranny at the hands of sin and death. God went for the jugular when he sent his own Son. He didn't deal with the problem as something remote and unimportant. In his Son, Jesus, he personally took on the human condition, entered the disordered mess of struggling humanity in order to set it right once and for all. (Rom. 8:2-4)



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