

Defeating Depression

Sermonic Theme

**Even the called can become overwhelmed,
but God's presence, provision, and purpose
are the antidotes to depression.**



Defeating Depression

- 1. God Asks Powerful Questions**
- 2. Position Yourself for a Fresh Vision of God**
- 3. God Can Still Use You After a Breakdown**
- 4. Eat For The Journey Ahead**
- 5. Don't Let Depression Disrupt Your Destiny**



Defeating Depression

Call To Action

How to Defeat Depression in Kingdom Life

1. Come Out of the Cave

Acknowledge where you are and respond to God's voice.

2. Get in God's Presence

Reposition yourself to hear and see God in new and refreshing ways.

3. Fulfill Your Assignment

Know that you're not alone and that God still has Kingdom work for you to do.

