

A Liturgy of Prayer

The text in bold is read aloud by everyone

O Lord, let my soul rise up to meet you

as the day rises to meet the sun.

Glory to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now, and will be forever.

Amen.

The Lord be with you.

And also with you.

A prayer from Psalm 143

My spirit faints within me,
my heart within me is desolate.

**I remember the time past,
I think about all your deeds,
I consider the works of your hands.**

I spread out my hands to you.
My soul gasps to you like a thirsty land.

**O Lord, make haste to answer me.
My spirit fails me,
do not hide your face from me.**

Let me hear of your loving-kindness in the morning,
for I put my trust in you,
Show me the road that I must walk,
for I lift up my soul to you.

**Forgive me, Lord, where I have gone astray.
Guide me in your way.**

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love, send us power, send us grace.*

*From a psalm of David
when he was in the Desert of Judah
(Psalm 63)*

You, God, are my God,
earnestly I seek you;
I thirst for you,
my whole being longs for you,
in a dry and parched land.

**I have seen you in the sanctuary
and beheld your power and your glory.
Because your love is better than life,
my lips will glorify you.**

I will praise you as long as I live,
and in your name I will lift up my hands.
I will be fully satisfied as with the richest of foods;
with singing lips my mouth will praise you.

**On my bed I remember you;
I think of you through the watches of the night.**

Because you are my help,
I sing in the shadow of your wings.

**I cling to you;
your right hand upholds me.**

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love, send us power, send us grace.*

We thank you, Lord, because you are with us. You promised that you would never leave us or forsake us. Help us to live in increasing awareness of your presence.

Lord, hear our prayer.

We pray for the people we love. May your presence be felt by our families and friends who are suffering. We pray for the sick, the depressed, those with strained or broken relationships, those who are navigating the waters of grief and bereavement, those whose pain is hidden but very real, and for all of us who are poor in spirit.

Lord, hear our prayer.

We pray for those beyond our community. Many in our world have been displaced and have suffered great loss because of violence, war, and natural disasters. We pray specifically for those who suffer the most—the children, the elderly, and the weakest among us.

Lord, hear our prayer.

As you have commanded us, we pray for our enemies. We pray not for their destruction, but for the destruction of hate—theirs and ours. We pray for women and men who have been deployed throughout the world. We pray for their safety and for the day when swords will be beaten into plowshares.

Lord, hear our prayer.

Lord, in this silence we pray for ourselves. We lift to you our greatest needs and our heaviest burdens...

(In silence, spend a few moments sharing your heart with your Creator.)

We pray in the name of the Father, and the Son, and the Holy Spirit.

Lord, hear our prayer.

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love, send us power, send us grace.*

From Matthew and Luke we read...

One day, when Jesus had finished praying, one of his disciples said to him, "Lord, teach us to pray."

Jesus said, "This is how you should pray..."

**Our Father in heaven,
 holy is your name,
Your kingdom come, your will be done,
 on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
 as we forgive those who sin against us.
Save us from the time of trial,
 and deliver us from evil.
For yours is the kingdom, and the power, and the glory
 forever and ever. Amen**

From Psalm 95

Come, let us sing for joy to the Lord;
let us shout aloud to the Rock of our salvation.

**Let us come before him with thanksgiving
and extol him with music and song.**

For the Lord is the great God,
the great King above all gods.

**In his hands are the depths of the earth,
and the mountain peaks belong to him.**

The sea is his, for he made it,
and his hands formed the dry land.

**Come, let us bow down in worship,
let us kneel before the Lord our Maker;
for he is our God
and we are the people of his pasture,
the flock under his care.**

*Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love, send us power, send us grace.*

Passing the Peace

Jesus said, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." — John 14:27

**Lord, make me an instrument of your peace:
where there is hatred, let me plant love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.**

**O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.**

**For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.**

The Sacrament of Holy Communion

Peace be with you.

And also with you.

Now, may the peace of the Lord Christ go with you
wherever he may send you.

May he guide you through the wilderness and protect
you through the storm.

May he bring you home rejoicing at the wonders he has
shown you.

May he bring you home rejoicing once again into our
doors.