

YOUNG WARRIORS SESSION 8

Overcoming Temptation Part 1

I. Introduction

1.) One reason we fall into temptation is because we believe a lie.

a.) When you believe a lie you will act on that lie and according to that lie.

Hebrews 4:15

“For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.”

-High Priest: Jesus

-Jesus was tempted in all points

2.) Temptation is not sin

a.) The response to temptation determines: victory or falling into sin

EXAMPLE: When Pastor Steve was a young Christian and going to college he was very passionate about God. At one point he was working in a computer lab, but he kept having ungodly thoughts. They were tormenting him. When he had those thoughts he would cast those thoughts down, but it was a wrestle for weeks. He felt so beat up, discouraged, and wore out about it. He cried out to God and said, “Help me! Deliver me!” And God responded, “Your problem is not the thoughts and the temptations. Your problem is condemnation. The enemy throws these thoughts in your mind, and you are doing the right thing by taking the Word of God and rebuking the thoughts. The problem is the enemy accuses you for the thoughts he puts in your mind and you start feeling condemned.”

b.) Jesus was tempted in all ways like us; that means Jesus was tempted with ungodly thoughts, but Jesus overcame the temptation. You can't be tempted if you don't have an ungodly thought.

c.) All temptation begins with a thought.

d.) Jesus understands how to help us overcome temptation

II. Total Victory

1.) Jesus didn't just come to save you

2.) Jesus came to give you total victory in every part of your life.

1 John 3:8

“He who sins is of the devil, for the devil has sinned from the beginning. For this purpose the Son of God was manifested, that He might destroy the works of the devil.”

Hebrews 2:17-18

“So it is evident that it was essential that He be made like His brethren in every respect, in order that He might become a merciful (sympathetic) and faithful High Priest in the things related to God, to make atonement and propitiation for the people's sins. For because He Himself [in His humanity] has suffered in being tempted (tested and tried), He is able [immediately] [a]to run to the cry of (assist, relieve) those who are being tempted and tested and tried [and who therefore are being exposed to suffering].”

John 8:31-32

“Jesus said to the people who believed in him, ‘You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free.’”

Isaiah 53:5

“But he was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole. He was whipped so we could be healed.”

III. The 7 Lies about Temptation

1.) I can not resist it

1 Corinthians 10:13

“No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.”

a.) God is in control; He has made sure you have a way out

EXAMPLE: There was a man that was working and he had walked into this lady’s office, and she quickly grabbed him, unexpectedly, and started kissing him. He was a Christian and he started crying out, “Lord help me!” And the Lord says, “There’s the door.” She keeps kissing him and he starts kissing her back. He again asks the Lord to help him and the Lord responded with, “There’s the door.” The man kept saying he can not resist and the Lord replies again, “There’s the door!”

a.) Be like Joseph

-Joseph ran when Potiphar's wife tried to seduce him.

b.) If you believe the lie “I can’t resist” then you are going to stop trying

Romans 8:37

“No, despite all these things, overwhelming victory is ours through Christ, who loved us.”

2.) The Devil made me do it

1 John 4:4

“Ye are of God, little children, and have overcome them: because greater is He that is in you, than he that is in the world.

Luke 10:19

“Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.”

a.) The devil can not win unless you stop fighting.

b.) The devil doesn’t have the power to make you sin.

James 4:7

“So humble yourselves therefore to God. Resist the devil, and he will flee from you.”

c.) If you walk in truth it will set you free.

3.) As Long as I’m in the flesh I’m going to sin

a.) If you’re a Christian, what are you doing in the flesh?

Romans 8:1,5

“So now there is no condemnation for those who belong to Christ Jesus...Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.”

b.) a sinful nature entered into Adam when he sinned and that sinful nature passed to all mankind.

c.) sinful nature: carnal nature

Romans 3:23

“For everyone has sinned; we all fall short of God’s glorious standard.”

d.) Jesus not only came to save us but also to set us free from the power of sin.

1 John 3:8

“He that committeth sin is of the devil; for the devil sinned from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil.”

-When you receive Christ, you have no sin nature.

Romans 6:14

“For sin shall not have dominion over you, for you are not under law but under grace.”

-you are not a slave to sin

-the word “sin” in this verse is *singular*

Romans 3:20-5:11> Paul is talking about the sins we commit

Romans 5:12-8> Paul is talking about “sin” singular

- sin singular: the carnal nature

- before you get saved, it was in your nature to sin

EXAMPLE: You do not have to teach a child to say “no” or to rebel or to be selfish. They already know how to do that. You have to teach them to humble themselves, to share, and to be obedient.

Romans 7:15

“I don’t really understand myself, for I want to do what is right, but I don’t do it. Instead, I do what I hate.”

-People use this verse to justify living in the flesh and sinning.

-Paul was referring to himself before he became born again.

Romans 7:7-11

“What shall we say then? Is the law sin? Certainly not! On the contrary, I would not have known sin except through the law. For I would not have known covetousness unless the law had said, ‘You shall not covet.’ But sin, taking opportunity by the commandment, produced in me all manner of evil desire. For apart from the law sin was dead. I was alive once without the law, but when the commandment came, sin revived and I died. And the commandment, which was to bring life, I found to bring death. For sin, taking occasion by the commandment, deceived me, and by it killed me.”

-Paul is saying that the law helped manifest/expose sin

-You can’t disobey a law when there isn’t a law to disobey.

-Paul was trained in the law/scripture when a child, and that is when the sin started coming up because the law exposed it. Paul was referring to when he was a child and when he was not born again.

Romans 4:15

“because the law brings wrath. And where there is no law there is no transgression.”

-When you are of age to understand what is wrong and what is right, you will be accountable for your actions.

Romans 8:3

“For God has done what the Law could not do, [its power] being weakened by the flesh the entire nature of man without the Holy Spirit. Sending His own Son in the guise of sinful flesh and as an offering for sin, [God] condemned sin in the flesh subdued, overcame, deprived it of its power over all who accept that sacrifice...”

-The law did not break the sin nature, Jesus did.

STUDY QUESTIONS

- 1.) Why do people choose to sin?

- 2.) How does temptation begin and is temptation considered a sin? Explain.

- 3.) Who is our High Priest and why is He able to help us?

- 4.) What scripture disproves the lie “I can’t resist”?

- 5.) How was sin exposed and how was the power of sin destroyed?