

CHOOSE JOY, EVEN WHEN: WEEK 5, HOW TO GET YOUR JOY BACK

Psalms 32:1 “Blessed is he whose transgression is forgiven, whose sin is covered”
“Blessed is the man to whom the LORD does not impute iniquity, And in whose spirit there is no deceit..”

verse 4 For day and night Your hand was heavy upon me; My vitality was turned into the drought of summer. (Selah) 5 I acknowledged my sin to You, And my iniquity I have not hidden. I said, “I will confess my transgressions to the LORD,” And You forgave the iniquity of my sin.”

Psalm 51:2 “Wash away all my iniquity and cleanse me from my sin. 3 For I know my transgressions, and my sin is always before me. 4 Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge.”

verse 6 “Behold, You desire truth in the inward parts, And in the hidden part You will make me to know wisdom.” “Purge me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow.”

verse 8 “Let me hear joy and gladness let the bones you have crushed rejoice.”

verse 10 “Create in me a clean heart, O God, and renew in me a right spirit. Cast me not away from Your presence, take not your Holy Spirit from me.”

verse 12 “Restore unto me the joy of thy salvation uphold me with your willing spirit.”

Habakkuk 3:18 “I will rejoice in the God of my salvation.”

Luke 15 - “The prodigal son”

Nehemiah 8:10 “The joy of the Lord is your strength!”

John 16:22 “The joy that I give you, no man takes it away!”

Psalm 16:11 “In His presence is fullness of joy.”

3 Joy Bandits

1. Being afraid of what people think.

Hebrews 13:5 “I will never fail you. I will never abandon you. 6 So we can say with confidence, “The LORD is my helper, so I will have no fear. What can mere people do to me?”

2. The fear of the Satan

3. A Bondage to sin

Psalms 51 “Forgive me according to Your tender mercies.”