## Marshmallow Slings

## **Materials**

Completed sling for example
Sling pattern (next page)
Felt sheets (9x12 inches), one sheet for every six students
Leather or suede string cut in 24-inch lengths, two per student
Scissors
Bag(s) of large marshmallows

☐ Goliath Target Poster (following pages)

## ☐ Tape for poster Instructions

Before class: use the pattern to cut the felt sheets into six 3x6-inch rectangles (one for each student). Clip small holes at the marks indicated on the pattern (two at each end).

During class: pass out one felt rectangle and two leather strings to each student. Have students fold the rectangle in half lengthwise and clip the corners off by making a diagonal cut about ½ inch from the edge (indicated by dotted lines on the pattern).

Thread one leather string through the holes on one end of the felt rectangle and make a knot to cinch the two corners together. Then repeat with the other string on the other end.

Next, have students tie a loop in the loose end of one leather string to fit around the middle finger on their dominant hand. Tie a regular knot in the loose end of the other string.

Print one Goliath Target Poster. Tape the four pages together and attach high on the wall for students to use as a target. Have students line up facing the poster, leaving space around and in front of shooters. Place one marshmallow in the sling pouch. Show students how to slip the loop over their middle finger and hold onto the knot on the other string. They will swing it over their heads, aim at Goliath, and let go of the knotted string. The loop stays put on the middle finger, and the released



string opens the pouch, sending the marshmallow flying (hopefully toward the target!). Have students take turns slinging at Goliath! You may choose to award points for students who hit Goliath, either individually or in teams.

## **Suggested Discussion**

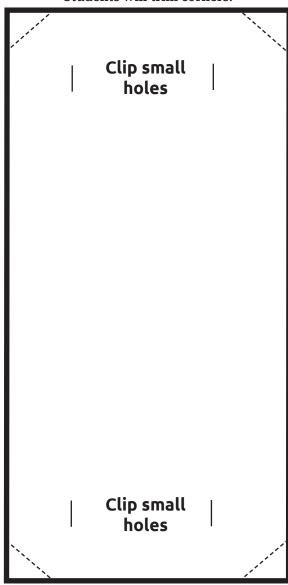
King Saul offered his armor and sword to David before he faced Goliath. But David didn't feel comfortable fighting in armor he wasn't used to. Instead, he chose to take only his shepherd's staff, his sling, and stones. He knew how to use these weapons to fight lions and bears that attacked his sheep.

God used David's simple weapons to defeat a well-armed, experienced war champion—Goliath! We had fun making our slings and practicing with them today. When you play with your slings, I hope you'll remember where David's courage and strength came from.

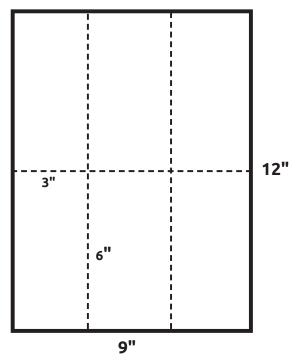
- **?** Was David trusting in how well he could use his sling to win? *No*.
- **?** Who did he trust to give him victory? *God.*

Right! And God rewarded David's faith by helping him defeat a giant with a sling and stone.

Students will trim corners.



Cut six pieces from one 9x12-inch sheet.





Cut on the dotted lines and tape the four pages together.



Cut on the dotted lines and tape the four pages together.



