

Giant Knockout

Materials

- ☐ Two beanbags
- ☐ One large cooking spoon (large enough for a beanbag to balance on the spoon end)
- ☐ Ten plastic water bottles or two-liter bottles
- ☐ Dried beans or popcorn kernels
- ☐ Optional: masking tape

Instructions

Pour a small amount of dried beans or popcorn kernels in the bottom of each bottle just to keep it from toppling too easily. You may want to add more or less to some bottles (the more beans, the harder the challenge). Stand the bottles on the floor on one end of the room in any formation. Spread them out or bunch them up for more or less of a challenge. You may want to put small pieces of masking tape on the floor to mark where each bottle goes to make resetting easier between turns.

Divide the class into teams and have them line up to take turns. Give the first student in line on the first team two beanbags for two shots. Direct the student to balance the beanbag on the spoon then fling the beanbag underhanded toward the bottles. You or an assistant should stand near the bottles and quickly reset them after each turn.

Each bottle that is knocked over equals one point. If the student knocks over all the bottles in one throw, he will earn 10 points for his team. Play several rounds, allowing teams to take turns until each student has had a turn. Keep track of scores. The team with the highest score at the end wins.

Option 1: set up two or more areas for each team to play at the same time. Have an assistant or older student keep track of scores.

Option 2: allow members of one team to continue tossing the beanbags until all the bottles are knocked over before resetting them and allowing the next team to toss.

Suggested Discussion

Our giants were pretty easy to knock out, weren't they? But Goliath was a champion in the Philistine army, so he was very tough. God was stronger though, and David knew it.

Because David didn't want God to be mocked, he chose to trust God to help him win the fight over Goliath and the Philistine army. David's faith and trust in God paid off: the Israelites won the battle, and God was shown to be more powerful than the Philistine army and their champion, Goliath.