

Rescue Relay

Materials

- ☐ Dish towels/hand towels, one per team
- ☐ Container or hula hoop, one per team
- ☐ Toys/objects to represent children/animals (e.g., stuffed animals/dolls, action figures, beanbags, or shoes)
- ☐ Masking tape
- ☐ Optional: timer

Instructions

Divide class into equal teams. Students will pair up for this relay, so adjust teams to an even number or assign students to run twice, if necessary. Place toys/objects in a pile for each team across the room. Use tape to mark a start line and place container/hula hoop next to each team.

Explain that students will be part of David's rescue party who chased the Amalekites and rescued their families. Give the first pair in each team a towel to use as a type of "stretcher" for transporting the rescued items. Each pair will run together to their team's pile of toys/objects, holding their towel stretched out between them, place one toy/object (representing a child or animal) on their towel, and run back to start where they will place the rescued toy in their container/hoop. Students must stop and return any dropped toy back on their towel if it falls off. The first pair will give the towel to the next pair, who will run and rescue another item. Continue racing until each pair has gone. The first team to finish wins.

You may choose to keep racing until all the toys/objects are rescued or race for a specified amount of time and count who rescued the most items.

Suggested Discussion

In today's lesson, David and his men returned to their city to find their families taken!

- ? Who had done this? *The Amalekites.*
- ? How would your parents feel if someone took you away from them? *Allow discussion.*

They'd be sad and angry and want to save you, right? That's how David and his men felt, too. They chased the Amalekites and fought them to rescue their wives and children. God protected all the people, and not one wife or child was missing or killed! You had to work together to rescue toys in our relay, but David relied on more than just his men.

- ? Who did David ask for help before he chased after the Amalekites? *God.*

Yes! During a scary time, David trusted God and prayed for help. God answered and gave him success to rescue everyone and everything the Amalekites had stolen.