## Cup Race

## **Materials**

Large plastic cups, at least 4x the number of students in your class
Table(s)
Timer

## Instructions

Scatter cups in an area of the room. The more cups, the longer it will take for students to collect them. Have students line up against a wall. When you say, "Go," start the timer. Students will race all at once to grab a cup and bring it to the table, setting it upright. Specify that they may only carry one cup at a time and that the cups must be placed upright and not knocked over or upside down. Stop the timer when all the cups are on the table. Scatter the cups again and repeat the game to see if students can beat their original time.

Relay Option: Play as a relay. Scatter cups on one side of the room. Divide class into teams and have them line up opposite the cups with a table by their start line. When you say, "Go!" the first student in each team will race to collect a cup, place it upright on their table, then tag the next student in line. The first team to have each student collect a cup wins the race.

Team Option: Scatter cups in an open area. Start with half the cups up and half down. Divide class into an Up team and a Down team. When you say, "Go!" and start the timer (1–2 minutes depending on class size and space), teams will race all at once to turn the cups to their designated up/down position. Give a countdown and call "Stop" when time is up. Count how many cups are up/down. The team with the most cups in their direction wins.

## **Suggested Discussion**

In our lesson today, the widow and her sons went to their neighbors and collected empty vessels like jars, bowls, and pots. They were following Elisha's instructions to get them out of a terrible situation.

- **?** What was going to happen to the widow's sons? They were going to be taken as slaves by a creditor.
- **?** What miracle did God perform to help this family? The widow's jar of oil did not run out until she filled every vessel they borrowed. With the money from the sale of the oil, she was able to pay off the creditor, keep her sons, and have money left over to provide for them.

We played this game with cups to remind us of this miracle. God showed himself powerful and saved a family in need.