

Bowling for Giants

Materials

- ☐ One small ball
- ☐ Ten plastic water bottles or two-liter bottles
- ☐ Dried beans or popcorn kernels

Instructions

Pour a small amount of dried beans or popcorn kernels in the bottom of each bottle to keep it from toppling too easily. Draw a “giant face” on each bottle for added fun.

Set the bottles on the floor at one end of the room in any formation. Spread them out or bunch them up for more or less of a challenge.

Have the students line up and take turns rolling the ball toward the bottles. Have students help you count how many “giants” are knocked down with each throw, “He knocked down three giants, we have seven more to go!” Play several rounds until each student has had a chance to roll the ball. Reset bottles once all 10 are knocked down. Keep track of how many giants are knocked down during all the rounds you play so you can add them up and celebrate your victory, “Hooray! We knocked down 40 giants!”

Suggested Discussion

Our giants were pretty easy to knock over, weren't they? But the giant people the Bible talks about were very tall and very strong. Caleb was 85 years old. But God kept him strong and gave him the ability to fight the giants and win!

Caleb trusted God, and God was faithful to give him a good land in the hill country.