

# Jeremiah Pull

## Materials

- ☐ Two jump ropes tied together or length of nylon rope or cord
- ☐ Large, sturdy laundry basket
- ☐ Masking tape
- ☐ Optional: doll
- ☐ Optional: kids' bike helmet

## Instructions

*Tie the rope to the handle of the laundry basket. Place the basket at one end of the room. Make a line of masking tape on the floor several feet from the basket. Have students line up and take hold of the rope. If you have too many students for the length of rope, divide them up to take turns.*

*Choose a student to sit in the laundry basket as Jeremiah (optional: have him wear a bike helmet) or use a doll along with some other object that adds weight to the basket. Instruct Jeremiah to sit down all the way and hold onto the edges of the basket. The idea is not to give Jeremiah a wild ride (possibly tipping the basket) but to have the other students pull on the rope in short, quick pulls as if they were tugging Jeremiah out of the deep mud. You may want to count for each pull or direct the students with "Ready, pull!" until they get the basket past the line. Switch Jeremiahs and repeat the game until everyone has had a turn pulling/being Jeremiah.*

## Suggested Discussion

We had to use our muscles to get our basket across the line, didn't we? It took 30 men to pull Jeremiah out of the pit. When he was thrown into the cistern, there was mud in the bottom, and he sank down into the mud. It was probably cold and wet. Jeremiah needed help. But God worked it out so Ebed-melech got permission from the king to rescue Jeremiah.