

Real World Skit

You and an assistant will read a short skit about praying the psalms during hard times. Bring props to add interest!

Student 1: You seem really down today. Is everything okay?

Student 2: Not really. I feel like my world is crashing down.

Student 1: Oh no! What happened?

Student 2: My favorite aunt and uncle have separated, and I'm scared they'll get a divorce. They haven't come to visit in a long time, and I miss them.

Student 1: Wow! That's really bad news.

Student 2: I keep worrying about it, too. It's even hard to do my schoolwork. I got a bad grade on our math test yesterday, and my parents are upset with me.

Student 1: Those are definitely bad things! I can see why you're upset. I would be, too.

Student 2: But there's nothing I can do to change it! I feel so helpless. I don't know what to do.

Student 1: Have you asked God for help?

Student 2: I haven't felt like praying. Nothing is going right, and I feel like God is so far away.

Student 1: It's hard to pray when we feel terrible, but my dad told me those are the most important times we should pray. Only God can take care of these problems!

Student 2: I don't understand why God let this happen.

Student 1: People sin and make bad choices sometimes. But God can change people's hearts, like your aunt's and uncle's.

Student 2: I wish he would hurry up and do it! Why is it taking so long?

Student 1: Sometimes we just have to wait and remember God knows the best time. You know what may help while you're waiting? The psalms!

Student 2: What? How can they help?

Student 1: Some of the writers of the psalms went through really tough times and asked God why. They wrote psalms of lament as they cried out to God.

Student 2: You mean people in the Bible asked God why bad things happened?

Student 1: They sure did! But they also asked God for help. God understands how we feel; he created us! It's okay to wonder why things are happening. But in those times, God wants us to turn to him for help and comfort.

Student 2: So I can read a psalm of lament when I don't know what to pray?

Student 1: Yes. You'll find lots of them in the book of Psalms. Usually they start with the writer crying out to God and telling him how he feels, but then he ends up praising or thanking God.

Student 2: Really? It makes him feel better? How come?

Student 1: That's because when we ask God for help and tell him how we feel, he knows how to give us peace, hope, and faith. And he reminds us that he's in control, and we don't need to worry.

Student 2: Wow! I never thought about using the Bible to help me pray before. I'm going to check out the psalms! Maybe I'll ask my mom and dad to read some with me. They've been really worried, too.

Student 1: That's a great idea. I'll be praying for you and your family.

Student 2: Thanks. I'm starting to feel better already.