

Giant Balloon Bop

Materials

- ☐ Balloons
- ☐ Yarn
- ☐ Markers
- ☐ Tape
- ☐ Optional: balloon pump
- ☐ Optional: marshmallows or small sponge balls

Instructions

Inflate several balloons and draw angry “giant” faces on them with a marker. Use the yarn and tape to hang the balloons from the ceiling, in a doorway, or outside from a tree limb or other object.

Have students take turns jumping up to bop (tap without knocking them down) “the balloon giants” or divide into teams and keep score each time the giants are hit.

Option 1: hang balloons at different levels for students to kick, bop, or head bump.

Option 2: give each student some marshmallows or small sponge balls to throw at the balloons. Divide into teams and keep score.

Suggested Discussion

We had fun today jumping and throwing and bopping these balloon “giants.” But let’s think back to our lesson. David wasn’t just playing a game, was he? The enemy had come against Israel and their champion was a giant man. He was very strong and very tall.

? What was the name of this real giant in the Bible? *Goliath.*

? And who was Goliath mocking and making fun of? *Israel and God.*

Right. David loved the Lord, and he didn’t want to hear his enemy saying bad things about the one true God. So David fought the giant. God gave him courage and helped him defeat Goliath with one stone from his sling.