

What Is It? Game

Materials

- ☐ Three or four blindfolds
- ☐ Spoons or toothpicks
- ☐ Small samples of foods with a variety of tastes and textures (e.g., mini marshmallows, applesauce, cheese crackers, candies, banana, apple, etc.)

Instructions

Choose three or four volunteers to come up front. Blindfold them and have them sit facing the class. Pull out a food sample for each of them to taste. Show them to the class, but don't let students tell the volunteers what they'll be eating. Hand the volunteers their food sample and have them eat it without touching it (hand them the spoon or toothpick or feed it to them yourself).

After the food is eaten, ask "What is it?" and allow guesses. After each volunteer has guessed, remove the blindfolds and have volunteers return to their seats. Choose more volunteers if you have time and more samples.

Suggested Discussion

- ? Great job, everyone! Which foods were easy to figure out? *Allow discussion.*
- ? Which foods were harder to figure out? *Allow discussion.*

Most of the foods I gave you were probably things you've eaten before, so it wasn't hard to recognize them and know what they were. But in our lesson today, the Israelites were given a food they'd never seen or tasted before, and they asked the question, "What is it?" Let's find out what food it was and where it came from.