

Cycle Race

Materials

- ☐ Cycle Pictures (following pages), one per team
- ☐ Masking tape
- ☐ Marker for writing on tape
- ☐ Lesson Theme Poster for your reference

Instructions

Print and cut out one set of the Cycle Pictures for each team. Put down 5 pieces of masking tape in a circle for each team cross the room from where teams will start. Write one number on each piece of tape, 1–5. Shuffle each set of cycle pictures separately and lay them facedown in a pile in the middle of the circles.

Divide students into teams of five and have them line up on the opposite side of the room from the tape circles and pictures. When you say, “Go!” the first student in line for each team will race to their pictures, grab the top one and then find the corresponding number on the tape and stand next to it. As soon as he is standing on his number, the next student in line on that team may run and do the same. Continue until one team has completed its circle. Check the pictures for correct order using the Lesson Theme Poster. If students are correct, give them a point. If not, allow the other teams to continue until one of them finishes. Shuffle the pictures and repeat as time allows.

Suggested Discussion

- ?** Why should we bother to study about the cycle of sin we find in the book of Judges? *Allow discussion.*

Studying these things in the Bible is good for us because it gives us a warning. The Israelites were real people, just like us. They were sinners, and so are we. That means we can make the same mistakes they did if we’re not careful. They got so involved in worshipping idols and joining in with the sinful people around them that they forgot they were God’s people. They didn’t learn about him or worship him like they should.

We need to make sure we take time for God. We should worship him, pray, and learn all we can about him from his Word. We should also be careful about what we watch on online, on TV, and in movies; what kinds of things we do; and who we spend time with. Otherwise, we could find ourselves forgetting about God, too, and putting other things above him like the Israelites did.

The Israelites sinned by worshipping false gods.



Print one set of pictures for each team of five.

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God became angry and sent enemies to punish them.



Print one set of pictures for each team of five.

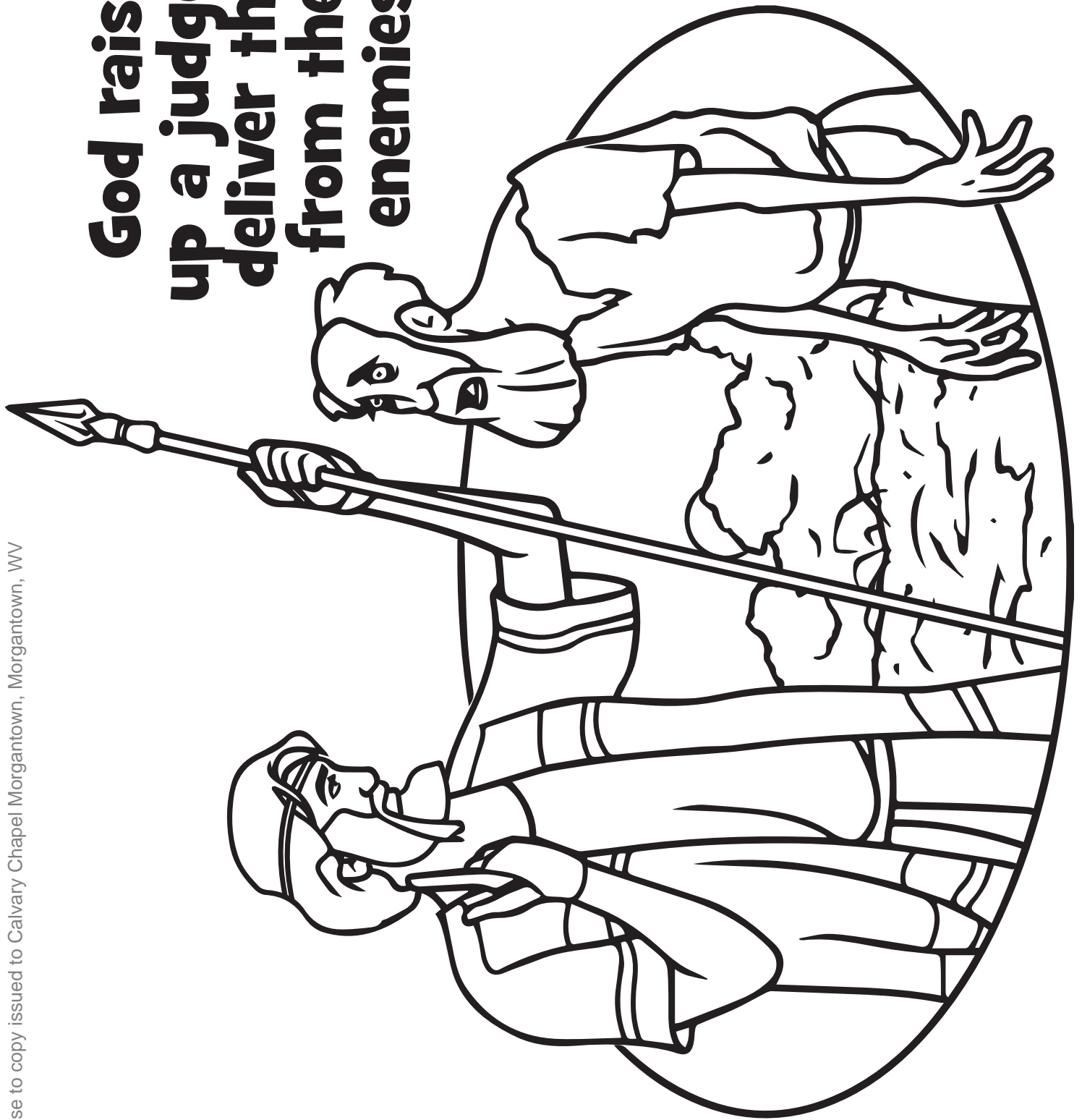
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The Israelites cried out to God to forgive them.



Print one set of pictures for each team of five.

**God raised
up a judge to
deliver them
from their
enemies.**



Print one set of pictures for each team of five.

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**The Israelites
thanked God for
saving them and
giving them peace.**



Print one set of pictures for each team of five.

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