

Lesson 57

God Gives the Ten Commandments

God gave the Israelites laws that showed them their need for a Savior.

Studying God's Word

Lesson Time

Don't forget! Review the Optional Supplements and determine where you can use them.

Have the students assemble in a circle away from the tables—either on the floor or in their chairs.

Bring your stuffed animal, Bible, Flip Chart, and any items you brought or prepared for this lesson.

Prayer

This prayer time is designed to help the students begin to understand some simple concepts about prayer and to encourage them to pray.

We start our Bible lesson with prayer. Turn to the Flip Chart Prayer Page. Briefly review the different types of prayer presented there.

Today let's say prayers of confession and tell God we're sorry.

I'll start. Dear God, I'm sorry for . . . (insert personal prayer here).

Pass a special stuffed animal—prayer bear—around the circle, giving all the students an opportunity to pray or choose a volunteer to stand beside you and pray.

Very good! Now let's put our stuffed animal away, and we'll answer our Bible Truth questions.

I love you prayers—Adoration
I'm sorry prayers—Confession
I'm thankful prayers—Thanksgiving
Please prayers—Supplication

Bible Truths

These four questions will be repeated each week to help the students learn foundational truths.

What word means God is all-powerful? Omnipotent.
What does it mean that God is sovereign? God is in control of everything.
What promise is told all through the Old Testament? A Savior would come.
Who saves sinners from the punishment of sin? Jesus.

Bible Treasure Hunt

Before Bible Treasure Hunt, place a sticky note in your Bible to mark the first passage to be read.

Each week before class, hide your Bible somewhere in the room. You can use different methods each week to keep the students excited about finding the Bible. For example, you might set a timer, play music while the students search, tell students when they are getting warmer and colder, or choose a student to hide the Bible and let you or classmates find it.

We are going to start out today by looking into God's Word, the Bible. God's Word is true, and we can always trust what it says. It's like a great treasure that tells us about who God is and what he has done for us. But where is this treasure? You will have to help me with that. We're going to go on a Bible Treasure Hunt. Somewhere in this room, I've hidden the Bible. When I say "Go," you will need to look for it. Whoever finds the Bible must bring it back to their seat and hold it very carefully until it is time to look in it. When it is time to read, you can bring it to me, and we'll open it to see what we are going to talk about today! Explain the method you chose for today. Ready? Set! Go!

K-1st Lesson continues next.

Pre-K Lesson

K-1st Lesson

Pre-K Lesson

Review

Refer to Lesson 56 Flip Chart. God rescued the Israelites from Egypt. He split the Red Sea so they could walk through it, and he led them with a pillar of cloud and fire. But even after these miracles, the Israelites grumbled about food and water. But God was merciful and gave them manna to eat and water to drink.

After three months of traveling in the wilderness, the Israelites came to Mount Sinai. God gave them ten important commands. We call these the Ten Commandments.

The First Four Commandments

Set out the numbered bags with the Ten Commandments objects hidden inside.

Put the following objects that represent the commandments into each numbered bag for the students to reveal as you continue the lesson: #1 blue ribbon or trophy, #2 figurine, #3 lipstick or lip balm, #4 clock or wristwatch, #5 photo of a family or couple, #6 baby toy, sock, or bonnet, #7 ring (real or play), #8 wallet or money, #9 Bible, #10 small wrapped present.

Even though God first gave these commandments to the Israelites, they are also important for us. The first four commands told them how they should treat God.

Exodus 20:1–3

Turn to the Flip Chart Memory Verse Page. Our memory verse has the first commandment! Let's say it together. Read the verse together.

You shall have no other what before me? No other gods.
That's the first commandment. Who wants to look inside the first bag?
Choose a student to reveal the item.

Point out the number shape in each picture on the Flip Chart as you teach the lesson.

A ribbon or trophy like this is given to someone in first place.

Show the Lesson Flip Chart. See the number one here? It reminds us that God should always have first place in our lives. Nothing should be more important to us than him. We should always put God first.

How about the second commandment? Who will open bag #2?
Choose a student.

This little statue is just a decoration, but today we'll use it to remind us of some statues called idols that people bow down to. God's second commandment says we should never worship idols, only the one true God.

Refer to the Flip Chart. This girl is worshipping God. Do you see the shape of the number 2? That reminds us that this is the second commandment. We should never worship an idol or a statue. We should worship only God.

Exodus 20:7

Let's read the next commandment in Exodus 20:7. Who has the Bible?
Have the student bring up the Bible and open it to the sticky note. Read the verse.

What did it say? You shall not take whose name in vain? The Lord your God.

That means the words we say should never dishonor God or his name—that includes using his name as a swear word or just saying it when we're excited about something. God doesn't want us to use his name that way.

Who wants to show us what's in bag #3? Choose a student.
Where do we put lipstick/lip balm? On the lips.

Refer to the Flip Chart. Do you see the number three here on these big lips? These remind us of the third commandment to honor God with our words.

Exodus 20:8

Listen to the fourth commandment. Read Exodus 20:8.

What day should we remember? Remember the Sabbath day, to keep it holy.

Who wants to open the fourth bag? Choose a student.

What does a clock do for us? Tells us the time.

Yes. A clock reminds us that we should take time for God. God wants us to work six days and rest on the seventh day like he did at creation.

Refer to the Flip Chart. See the church with the number four? Going to church is a great way to rest from all the other things we do and to take time to worship God. Here, you may choose to teach your denomination's application of this command.

The Last Six Commandments

The next six commandments tell us how to live right and how to treat other people.

Will someone come and look in bag #5? Choose a student.

Here's a picture of a mom and a dad (or family) to remind us of commandment number five—honor your father and your mother.

What is a big way you can honor your parents when they ask you to do something? It starts with the letter o! Obey them.

Refer to the Flip Chart. Right! Here's a mom and a dad sitting in the shape of a 5 to help us remember the fifth commandment—obey your parents.

Who wants to open bag #6? Choose a student.

This baby toy/sock/bonnet reminds us that God gives us life. God says that no person should ever take someone's life by killing them. This is murder.

Refer to the Flip Chart. See the six here around the mother and her baby? God has created us special in his image, so we should respect all human life.

Shall we look in bag #7 now? Choose a student.

Refer to the Flip Chart. Hey! Our picture has a ring, too. What is happening in this picture shaped like the number seven? Allow answers.

This reminds us that God wants a husband and wife to love each other and never leave for someone else. God wants us to obey his design for marriage.

Exodus 20:15

Listen to the eighth commandment. Read Exodus 20:15.

What are we not supposed to do? Steal.

What could be in bag #8? Choose a student.

This wallet/money reminds us that the eighth commandment says we should never steal.

Refer to the Flip Chart. Do you see how the boy and his thought are shaped like an 8? What is the boy thinking about? Stealing money.

Yes. But he knows it's wrong, so there's a big X through that idea. He knows God wants us to respect other people's things.

The ninth commandment says we should not bear false witness against our neighbor. That means we should not lie.

Refer to the Flip Chart. See this boy in the number 9? He's painting a line through the word "lies" because he knows it's always wrong to lie.

Who will look in bag #9? Choose a student.

It's a Bible! This reminds us that God never lies; his Word is always true. He wants us to tell the truth, too.

There's one more commandment we need to talk about. Who wants to see what's in the last bag? Choose a student.

Ooh! How many of you like presents? Show of hands.

It's fun to get presents. But when we see something someone else has and feel like we want it so bad that we can't be happy without it, that's called coveting. In the tenth commandment, God says we should not covet.

Refer to the Flip Chart. See this girl in the number ten picture? She's holding a small gift. Do you think she's coveting the boy's huge gift? Is she mad because she wants the big gift this boy has? Allow discussion.

They both look like they are happy with what they've been given, don't they? And that's what the tenth commandment should remind us of—to be happy and content with what we have.

Why Did God Give the Ten Commandments?

God put the Ten Commandments in his Word, so we (and the Israelites) could understand how to treat God, how to treat others, and to learn that we need Jesus. We can't keep all these commands on our own because we are sinners.

Who was the only person that could obey all of these commandments? Jesus!

Jesus was the only one who ever obeyed all of God's laws perfectly. That's why he could take the punishment for our sins when he died on the cross. And when we turn to Jesus and believe in him, we are made right with God. That's the good news about Jesus, and it begins by understanding the Ten Commandments!

Continue with the Lesson Review Game below.

K-1st Lesson

Review

Refer to Lesson 56 Flip Chart. God rescued the Israelites from Egypt. He split the Red Sea so they could walk through it, and he led them with a pillar of cloud and fire. Even after this great miracle, the Israelites grumbled and complained when they got hungry and thirsty. But God was merciful to them and gave them manna to eat and water to drink.

After three months of traveling in the wilderness, the Israelites came to Mount Sinai where God spoke to them and gave them ten important commands. We call these the Ten Commandments.

The First Four Commandments

Put the following objects that represent the commandments into each numbered bag for the students to reveal as you teach: #1 blue ribbon or trophy, #2 figurine, #3 lipstick or lip balm, #4 clock or wristwatch, #5 photo of a family or couple, #6 baby toy, sock, or bonnet, #7 ring (real or play), #8 wallet or money, #9 Bible, #10 small wrapped present.

Set out the numbered bags with the Ten Commandments objects hidden inside.

Even though God first gave these commandments to the Israelites, they are also important for us. The first four commands tell God's people how they should treat God. Let's take a look at them now.

Exodus 20:1-3

Turn to the Flip Chart Memory Verse Page. Our memory verse has the first command! Let's say it together. Read the verse together.

Can you find the part that is the first commandment? It starts with the word "you." You shall have no other gods before me. That's the first commandment. Who will show us what's inside the first bag? Choose a student to reveal the item in bag #1. What does this ribbon/trophy remind you of? Allow discussion.

Point out the number shape in each picture on the Flip Chart as you teach the lesson.

A ribbon or trophy like this is given to someone in first place.

Show the Lesson Flip Chart. See the number one here? It reminds us that God should always have first place in our lives; nothing should be more important to us than him.

There are lots of things we may put first instead of God—like watching TV, playing sports or video games, or playing with friends. These things aren't bad—unless we spend so much time doing them that we forget about God. We should always put God first.

Let's move on to the second commandment. Who will look inside bag #2 for us? Choose a student.

This little statue is just a decoration, but today we'll use it to remind us of some statues called idols that people make and bow down to. God's second commandment says we should never make any idols to worship or pray to.

Refer to the Flip Chart. This girl is singing and worshipping God. Do you see the #2 shape? That reminds us of the second commandment to never worship an idol or a statue. We should worship only God.

Exodus 20:7

Let's read the next commandment from Exodus 20:7. Who has the Bible? Have the student bring up the Bible and open it to the sticky note. Read the verse.

What did it say? You shall not take whose name in vain? You shall not take the name of the Lord your God in vain.

That means the words we say should never dishonor God or his name—that includes using God's name as a swear word or just saying it when we're excited about something. God doesn't want us to use his name that way.

Who wants to show us what's in bag #3? Choose a student.
What do you do with lipstick/lip balm? Put it on your lips.

Refer to the Flip Chart. Look at these big lips. Do you see the number three? This lipstick and these lips remind us of the third commandment to honor God with our words.

Exodus 20:8

Now listen to the fourth commandment. Read Exodus 20:8.

What is the fourth commandment? What day should we remember? Remember the Sabbath day, to keep it holy.

God wants us to work six days and rest on the seventh day like he did at creation. Here, you may choose to teach your denomination's application of this command.

Refer to the Flip Chart. See the number four? Going to church is a great way to rest from all the other things we do during the week and take time for God. At church, we can spend time learning about God, worshipping him, and thanking him for all he's done for us.

What do you think is in the fourth bag? Who will open it for us? Choose a student.

What does a clock do for us? Tells us the time.

Yes. A clock/watch reminds us that we should take time for God.

The Last Six Commandments

The next six commandments tell us how to live right and how to treat other people.

Exodus 20:12

Listen to the fifth commandment. Read Exodus 20:12.

Who does the fifth commandment tell us to honor? Honor your father and your mother.

Will someone look in bag #5 for us? Choose a student.

Here's a picture of a mom and a dad (or family) to remind us to honor our own moms and dads.

What is a big way you can honor your parents when they tell you to do something? It starts with the letter o! Obey them.

Refer to the Flip Chart. Right! God wants us to obey our parents and listen to them. Here's a mom and a dad. They are sitting in the shape of a 5 to help us remember the fifth commandment—honor and obey your parents.

Exodus 20:13

What is the sixth commandment? Read Exodus 20:13. You shall not what? You shall not murder.

Who wants to open bag #6? Choose a student.

This baby toy/sock/bonnet reminds us that God gives us life. God says in the sixth commandment that no person should ever take someone's life by killing them. This is murder.

Refer to the Flip Chart. See the six here around the mother and her baby? God has created us special in his image, so we should respect all human life.

Shall we look in bag #7 now? Choose a student.

A ring! What does this remind you of? Allow answers.

Refer to the Flip Chart. Hey! Our picture has a ring, too. What is happening in this picture shaped like the number seven? Allow answers.

This reminds us that God designed marriage to be one man and one woman for life. When they get married, God wants a husband and wife to love each other and never leave them for someone else. This is the seventh commandment, to obey God's design for marriage.

Exodus 20:15

And what's the eighth command? Read Exodus 20:15. You shall not steal. What could be in bag #8? Choose a student.

This wallet/money reminds us that we should never steal.

Refer to the Flip Chart. Do you see how the boy and his thought are shaped like an 8? What is the boy thinking about? Stealing money.

Yes. But he knows it's wrong, so there's a big X through that idea. He knows God wants us to respect other people's things.

Let's move on to the ninth commandment. It says we should not bear false witness against our neighbor.

What does false mean? Not true.

So, if you say something that is false, what are you doing? Lying.

Refer to the Flip Chart. Right. The ninth command says we should never lie. See this boy in the number 9? He's painting a line through the word "lies." He knows it's wrong to lie, so he's crossing it out.

Who will look in bag #9? Choose a student.

It's a Bible! God never lies; his Word is always true—and he wants our words to be true, too.

Sometimes we may not want to tell the whole truth. We might think, "It's not a big lie, just a little fib." Or we may try to be sneaky and cover up part of the truth.

But does that still count as a lie? Yes!

Yes. God wants us to tell the truth—always.

There's one more commandment we need to talk about. Who wants to see what's in the last bag? Choose a student.

Ooh! How many of you like presents? Show of hands.

Most people enjoy getting presents. But when we see something someone else has and feel like we want it so bad that we can't be happy without it, that's called coveting. In the tenth commandment, God says we should not covet. He wants us to be happy and content with what we have and not go around wishing we had what another person has.

Refer to the Flip Chart. See this girl in the number ten picture? She's holding a small gift. Do you think she's coveting the boy's huge gift? Is she mad because she wants the big gift this boy has? Allow discussion.

They both look like they are happy with what they've been given, don't they? And that's what the tenth commandment should remind us of—to be happy and content with what we have.

Why Did God Give the Ten Commandments?

God put the Ten Commandments in his Word, so we (and the Israelites) could understand how to treat God, how to treat others, and to learn that we need Jesus. You see, we can't obey all these commands all the time because we are sinners.

Refer to the Flip Chart. If we tell a lie, we're breaking the ninth commandment. If we disobey our mom or dad, we're breaking the fifth commandment!

Who was the only person that could obey all of these commandments?
Jesus!

Jesus was the only one who ever obeyed all of God's laws perfectly. That's why he could take the punishment for our sins when he died on the cross. And when we turn to Jesus and believe in him, we are made right with God. That's the good news about Jesus, and it begins by understanding the Ten Commandments!

Continue with the Lesson Review Game.

Lesson Review

We all learn best with review and repetition! We encourage you to play a lesson review game.

Basket Toss

Students give the correct answer and toss the beanbags to see how many points they can collect for their team. Each basket has greater points.

Materials

Review Questions
Two beanbags
Three laundry baskets or boxes
Masking tape

Instructions

Print one copy of the Review Questions for your use. Use masking tape to make a tossing line. Bring in three laundry baskets or boxes. Set the baskets in a line, making each one a little farther away from the tossing line. Label the baskets with 5, 10, and 25 points so the farther away it is the higher the score.

Divide the class into two or more teams depending on size. Have the teams line up at the tossing line. Take turns asking the first students in line from each team a review question. When a student answers correctly, he will have a chance to toss a beanbag into a basket then go to the end of the line. If the beanbag misses, there are no points scored. If someone does not answer correctly, he may ask his teammates for help. Keep track of the scores for each team on the board. Continue until all the questions have been answered. Repeat questions if necessary.

Board Game

Teams will answer questions and make their way to the finish on the Game Board.

Materials

Review Questions
Game Board (provided in the Teacher Kit)
Dice, numbered cards, or spinner
Buttons or other small items as game pieces for each team

Instructions

Print one copy of the Review Questions for your use. Divide the class into teams.

Team members will take turns answering the review questions. If they answer correctly, they will roll the dice, spin, or draw a numbered card and move that number of spaces on the Game Board. Follow the directions on the spaces to move ahead, fall back, or switch places with another team. If someone does not know or does not answer correctly, he may ask his teammates for help. Alternate between teams as long as time permits, repeating questions if necessary. The first team to make it all the way to the Finish wins.

Bible Baseball

Students will answer questions and run the bases!

Materials

Review Questions
Three chairs set out for bases
Optional: gift wrap tube and a large balloon

Instructions

Print one copy of the Review Questions for your use. Set out chairs as bases. Have the students line up by the home base area facing you (at the pitcher's mound). Each student up to "bat" will have a chance to answer a review question. If he can answer it correctly, let him run the bases. If he can't answer correctly, give the answer and ask him to go to the end of the line and try again.

You may want the students to sit on the chair at each base while they wait to run to the next base or have them run all the way around and return to the line. Repeat the questions until all the students have run around the bases.

For some added fun, you can use a gift wrap tube as a bat and toss a large balloon for students to hit after they answer each question.

Bowling

What do you do with extra water bottles and softballs? Go bowling, of course. Students will answer questions then bowl for points.

Materials

Review Questions
Six to ten empty water bottles
Softball or other small playground ball
Masking tape
Optional: dried corn or beans

Instructions

Print one copy of the Review Questions for your use. If available, pour a small amount of dried corn or beans into the bottom of each water bottle (to add weight) and tighten the lid. Set out the bottles on one end of the room. Use masking tape to form a "lane" from the bottles to where the students will line up across the room.

Divide students into teams. Have students line up. Ask the first student a review question. If he answers correctly, let him roll the ball down the lane toward the bottles. Each bottle that is knocked down is worth 1 point. A strike (knocking down all the bottles) is worth 20 points. Take turns asking questions of each team. If a student gives an incorrect answer or does not know the answer, he can ask his teammates for help. Keep track of scores.

Goofy Golf

Hit the sock with the noodle? Teams must work together to answer the questions and putt to get a hole-in-one in this crazy golf game!

Materials

Review Questions
Swimming noodles or rolled up newspapers
Rolled up socks
Masking tape
Ten sheets of paper
Markers

Instructions

Print one copy of the Review Questions for your use. Use the markers to number sheets of paper 1–10 (use more or less depending on class size and time). Tape down the sheets of paper around the room in a random pattern to form a golf course. You may want to add chairs as obstacles in the path.

Divide the class into teams. Give each team a rolled up sock and a swimming noodle. Ask the first student a review question from the lesson. If he answers correctly, allow him to use the noodle to drive the rolled up sock toward the

first sheet of paper labeled #1. Continue with the next team. Take turns allowing team members to answer questions and continue putting the socks along the course to each hole, continuing from where the last teammate left off. The sock must touch or roll over the sheet of paper to consider it in the hole. The first team to reach the tenth hole wins.

Racetrack

Who will reach the checkered flag first? Teams will race to the finish by answering review questions.

Materials

Review Questions
White board or chalkboard
Markers/chalk
Optional: paper cutouts for each team (cars, animals, circles, etc.),
tape/poster putty

Instructions

Print one copy of the Review Questions for your use. Draw a racetrack on the board. It may be as simple as a straight horizontal path or a curvy circle. Label "Start" and "Finish" (with a checkered flag) at either end of the track. Add numbers along the track (e.g., 1–10) at equal intervals between Start and Finish. The numbers will be used as placement points for the racers as they progress along the track.

Divide the class into teams. You may draw a different symbol (e.g., stick figure, circle, X or O) to represent each team at the Start, or use paper cutouts as team markers and stick them to the board with tape/poster putty.

Ask the first team a review question. If they answer correctly, move their marker or redraw their symbol along the track at #1. If they answer incorrectly, give the next team a chance to answer and move to the first number. If they do not know, give the answer and ask that question again later. Continue to alternate asking review questions and moving teams' markers along the racetrack according to the numbers along the track. The first team to reach the Finish wins!

Toss for It

How many points? Toss for it! Students answer the questions and toss the beanbag to earn points for their team.

Materials

Review Questions
A deck of numbered cards, or numbers and "wild" written on index cards
One beanbag

Masking tape
Two baskets or containers for cards

Instructions

Print one copy of the Review Questions for your use. Place several rows of numbered cards facedown with a few inches between them to form a grid pattern (make sure to put several wild cards or Jokers down, too). Use the masking tape to make a tossing line several feet from the cards.

Divide students into teams and have them line up behind the tossing line. Ask the first student a review question. If he gives the correct answer, have him toss the beanbag onto a card. Turn the card over to reveal the points he receives for his team. Face cards or word cards are 10 points each. Wild or Jokers are also 10—plus another turn. All other cards are face value.

Have the student pick up his card and put it in the team's basket to be counted at the end of the game. Next team's turn. If a student gives an incorrect answer, he should go to the end of the line. Give the answer and repeat that question later. Continue taking turns until all the questions have been answered. Add more cards to the grid if necessary.

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