

# Rescue Relay

## Materials

- ☐ Dish towels/hand towels, one per team
- ☐ Bin/container or hula hoop, one per team
- ☐ Toys/objects to represent children/animals (e.g., stuffed animals/dolls, action figures, beanbags, or shoes)
- ☐ Masking tape
- ☐ Optional: timer

## Instructions

*Divide class into equal teams. Students will pair up for this relay, so adjust teams to an even number or assign students to run twice, if necessary. Place toys/objects in a pile (representing children or animals to be rescued) for each team across the room. Use tape to mark a start line and place bin/container next to each team.*

*Explain that students will be part of David's rescue party who chased the enemy and rescued their families. Give the first pair in each team a towel to use as a type of "stretcher" for transporting the rescued items. Each pair will run together to their team's pile of toys/objects, holding their towel stretched out between them. Place one toy/object on their towel (you may want an assistant to help place the object on the towel while they hold it), and run back to start where they will place the rescued toy in their bin/container. Students must stop and return any dropped toy back on their towel if it falls off. The first pair will give the towel to the next pair, who will run and rescue another item. Continue racing until each pair has gone. The first team to finish wins.*

*Optional: you may choose to keep racing until all the toys/objects are rescued, race for a specified amount of time and count who rescued the most items, or have the whole class race the clock to rescue all the items before time runs out.*

## Suggested Discussion

In today's lesson, David and his men returned to their city to find their families taken!

? Who had done this? *The enemy (Amalekites).*

? How would your parents feel if someone took you away from them? *Allow discussion.*

They'd be sad and angry and want to save you, right? That's how David and his men felt, too. They chased the enemy and fought them to rescue their wives and children. God protected all the people, and none of them were missing! You had to work together to rescue toys in our relay, but David relied on more than just his men.

? Who did David ask for help before he chased after the enemy? *God.*

Yes! During a scary time, not knowing where his family was, David trusted God and prayed for help. God answered and helped him rescue everyone and everything the enemy had stolen.