

# WE STAND AGAIN

## When Grief Meets Grace

Nehemiah 1:3-4; 6:15-16, Ecclesiastes 3:1, Romans 8:28, 2 Corinthians 4:18 | May 10, 2026

**Grief is not the end of our story, but a place  
where God meets us with His grace.**

*There is a time for everything, and a season for every activity under the heavens.*  
Ecclesiastes 3:1

### Often grief hits us in different seasons:

- » Winter – A season of endings and closure, a hard season.
- » Spring – A season of possibility and potential.
- » Summer – A season of growth.
- » Fall – The apex of seasons.

A way to progress through the seasons of grief is to carry a posture of gratitude.

**Pray About Everything + Petition/Present Your Requests to God +  
Give Thanks for Everything = Peace.**

When Nehemiah shared a greater vision, the Israelites shifted their focus from their rubble to God. We, too, have a greater vision: heaven.

*When we fix our eyes on the eternal, it doesn't remove our pain,  
but it gives us hope beyond it.*  
– Jenna Zigler, *The Valley Between*, p. 93

### ANNOUNCEMENTS:

Men's Event on May 17 at 6:00 PM

Senior Adult Ministry to Ohio Star Theatre on May 20

WCC Moms: What Can Our Kids Teach Us? on May 20

KidMin Volunteer Appreciation Lunch on May 31

Download our WCCChurch app or scan the QR code for more info or to sign up!



# STUDY QUESTIONS

## GETTING STARTED:

What is one season of life (winter, spring, summer, or fall) that best describes where you are right now, and why?

## A DEEPER DIVE:

- » How does our culture typically respond to prolonged grief?
- » Everyone grieves differently. Have you experienced this in your own relationships?
- » How can understanding different grief styles help us support one another better?
- » **Read Ecclesiastes 3:1.** How does viewing life's difficulties as "seasons" rather than permanent conditions change your perspective on current struggles?
- » The Israelites rebuilt the wall in 52 days after it had been broken for 140 years. What changed? How did shifting their focus from rubble to God make the difference?
- » **Read 2 Corinthians 4:18.** What are some practical ways we can "fix our eyes on what is unseen" when we're surrounded by very real, visible pain?
- » The wall might not always get rebuilt, but God can still bring healing and purpose to our pain. How does this truth challenge or comfort you?

## NEXT STEPS:

This week, write down 3-5 things you're grateful for each day. Share your experience at the next group meeting.