

WE STAND FIRM

A STUDY OF 1 PETER

We Stand Firm

1 Peter 5:5-11 | October 18, 2026

NO ONE has the market cornered on difficulties. We all have them.

Take Heart. Stand Firm.

"I have told you these things, so that in me you may have PEACE. In this world you will have trouble. But... [But...] take heart [STAND FIRM] I have OVERCOME the world." John 16:33

Humility and Anxiety

>>Two major words at play in 1 Peter 5:5-7

- Humility and Anxiety

>>Philippians 2:6-8

>>Humility is not thinking less of oneself, but thinking of oneself less.

- "Pride is the exact Anti-God state of mind." C.S. Lewis

>>Anxiety is the concern of what may or may not be.

For Followers of Jesus who may walk with anxiety please remember...

1. **You are not alone.**
2. **Today is not forever.** Today is just today and God has provided enough for today.
3. **The Grace of God is enough for you.** It truly is.

Sober Mind = Sound Mind

We Stand Firm by the Grace of God!

ANNOUNCEMENTS:

Missions | What in the World is God Doing? October 24 at 9:30 AM

Thinking About Baptism: October 25 at 9:00 AM

The Chosen: Early Access Event: November 1 at 2:00-3:00 PM

Download our WCChurch app or scan the QR code for more info or to sign up!



STUDY QUESTIONS

GETTING STARTED:

Before this series, how would you have described what it means to "stand firm" in your faith? Has that definition changed or deepened over the past several weeks?

A DEEPER DIVE:

- » Humility is not thinking less of yourself but rather thinking of yourself less. In what areas of your life do you find it most difficult to shift your focus away from your own desires and toward God and others?
- » Peter writes in 1 Peter 5:6 that God will lift up those who humble themselves under His mighty hand in due time. How do you personally wrestle with trusting God's timing when the waiting feels unbearable?
- » Anxiety is a struggle of trust and faith. In what ways have you experienced anxiety as a spiritual battle rather than simply an emotional or mental one. How has your faith either helped or been challenged in those moments?
- » C.S. Lewis is quoted as calling pride the exact anti-God state of mind. Can you identify a moment in your life when pride created distance between you and God, and what did it take to recognize and address it?
- » Peter warns believers in 1 Peter 5:8 to be alert and of sound mind because the enemy prowls like a roaring lion. What does it look like practically in your daily life to remain spiritually alert without living in fear?
- » 1 Peter 5:9 reminds believers that Christians throughout the world are undergoing the same kinds of suffering. How does knowing you are not alone in your struggles change the way you endure them?
- » Peter himself denied Jesus three times, yet went on to write this letter of encouragement to persecuted believers. How does Peter's story of restoration shape the way you think about your own failures and God's ability to still use you?

NEXT STEPS:

Identify one relationship -- at home, at work, or in your community -- where pride has been creating distance. Take one concrete step this week to esteem that person above your own preferences or desires.