



We Can't Do It Alone

John 15:5-8 | June 21, 2026

FORMULA FOR WHEN WE ARE **DISCONNECTED** FROM THE VINE:

Isolated Striving + Unending Responsibilities = Burnout

FORMULA FOR WHEN WE ARE **CONNECTED** TO THE VINE:

Connection with Jesus + Unending Responsibilities = Fruit

A branch connected to the vine produces every time. A branch that thinks it's the vine withers and dries up every time. **We are the branches. We are not the vine.**

If you're feeling exhausted or discouraged, here's the main point Jesus wants us to take away: **We can't do it alone, and we don't have to.**

Branches don't live alone. They are connected to the vine and with other branches.

NOTES: _____

ANNOUNCEMENTS:

HS Move: June 21 to 26

Senior Adult Cookout & Potluck: July 1 at 11:00 AM

Vacation Bible School: July 6-10 at 6:00 PM

Download our WCChurch app or scan the QR code for more info or to sign up!



STUDY QUESTIONS

GETTING STARTED:

Have you ever experienced burnout? What did it look like in your life? How did it affect your relationships?

A DEEPER DIVE:

- » How does the metaphor of Jesus as the vine and believers as branches challenge our cultural emphasis on self-reliance and individual achievement?
- » In what specific areas of your life are you most tempted to operate as if you are the vine rather than the branch, and what would it look like to surrender those areas to Jesus?
- » What does it mean practically to make Jesus your home rather than just someone you visit occasionally in times of crisis?
- » Why do you think Jesus repeated the command to remain in him multiple times during his final hours with the disciples, and what does this repetition reveal about human nature?
- » What specific daily practices or rhythms could help you maintain connection with Jesus as your primary source rather than relying on your own strength?
- » Our responsibilities never disappear but our source can change. How might your current responsibilities feel different if you truly believed you were drawing strength from Jesus rather than yourself?
- » Looking at the two formulas Austin mentioned in the sermon, which one best describes where you are right now? What needs to change?
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NEXT STEPS:

Honest Conversation. Have an honest conversation with someone you trust (spouse, friend, or group member) about:

- » One area where you've been trying to "be the vine" instead of the branch
- » One burden you've been carrying alone
- » How you can support each other in remaining connected to Jesus

Community Connection. If you're not already in a consistent community (men's group, women's group, or small group), commit to joining one. Please contact the church office (614-885-8389 or info@worthingtoncc.org) for more information about groups!