



Unhindered

Aligning the Story of Your Heart

Fighting the Battle

2 Corinthians 3:16-18; Genesis 32-35; Galatians 6:8-9 | February 8, 2026

A strategy to exchange little “t” truths for Big “T” Truths is making Nevertheless Statements

“Nevertheless’ is a strategic word that pulls your heart from its pit of despair or fear and guides your heart to its safe place – the Big ‘T’ Truth.” (Dr. Charity Byers, “Unhindered” on pg. 231)

When fighting for an unhindered heart lets...

- » Pause
- » Think
- » Pray
- » Say “Nevertheless”

NOTES: _____

ANNOUNCEMENTS:

WCC Moms: Training for What Matters on Feb. 18 at 6:00 PM

Kids Ministry: Family Flashlight Tag (K-3rd grade) on Feb. 20 at 6:00 PM

Kids Ministry: Flashlight Tag (4th & 5th graders) on Feb. 27 at 6:00 PM

The Gathering on March 2 at 4:30 PM

Download our WCChurch app or scan the QR code for more info or to sign up!



STUDY QUESTIONS

GETTING STARTED:

When you hear the phrase "run toward the roar," what initially comes to mind for you—emotionally or practically?

A DEEPER DIVE:

- What collision moments have you experienced recently when perhaps your hindered heart patterns met the new work God is trying to do in your life? How do you normally handle these moments?
- We mentioned that sometimes it can be comfortable to live hindered because we know our strategy patterns. Why do you think we sometimes choose comfort over freedom? What makes staying hindered feel safer?
- In Jacob's story, God asks him to say his name before giving him a new one. Jacob's name, meaning "deceiver," was part of his story. Why do you think naming our story and our hindrances is often necessary before God brings transformation?
 - What did you take from Jacob and Esau's encounter? How do you think they felt when they wept?
 - What labels do you sometimes feel you carry? What part of your story are you hoping that God will reclaim and rewrite for His glory?
- **Read 2 Corinthians 3:16–18 together.** What stands out to you about the connection between turning to the Lord and freedom?
- **Read Galatians 6:8-9 together.** What does it look like to "sow to please the Spirit" in the context of heart work? How do we avoid becoming weary in this battle?
- The sermon introduced "Nevertheless Statements." Here's an example of a Nevertheless Statement – My trust was broken multiple times by people I thought had my back; nevertheless, God will never fail me. (Deuteronomy 7:9; Joshua 21:45) Why do you think the practice of saying "nevertheless" is so powerful when emotions and old patterns rise up?

NEXT STEPS:

This week, try writing a few Nevertheless Statements and ground God's truth in Scripture. After you have written your statements, share them with a friend.