


## Choosing to Slow Down — What Am I Missing?

Proverbs 19:2; 27:1; 16:9; 8:1-3, 34-35 | November 22, 2026

*"Desire without knowledge is not good—how much more will hasty feet miss the way!"*

Proverbs 19:2

Big Idea: Speed misses things. Pace sees them.

On a scale of 1 to 10, how fast is life moving for you right now?
If you answered 7 or higher, what do you wish were different?
If you answered 6 or lower, what's helping you keep that pace?

Three Differences Between Speed and Pace:

1. **Speed assumes tomorrow. Pace sees today.** (Proverbs 27:1; James 4:14)
2. **Speed comes from fear. Pace comes from trust.** (Proverbs 16:9; 3:5–6)
3. **Speed walks past God's wisdom. Pace stops and listens.** (Proverbs 20:12; 8:1–3, 34–35)

We can't be grateful for what we're too busy to notice.

***Reflect and Pray***

- God, I've been in a hurry about _____. Help me trust You with it.
- God, thank You for _____ (a person who has encouraged me).
- God, thank You for _____ (a way You have provided).

**Let's choose the path that leads to life. Let's choose to follow Jesus!**

**ANNOUNCEMENTS:**

**Favorite Things | Women's Christmas Brunch:** December 5 at 10:00 AM
**Kids Christmas Program**: December 13 at 4:00 PM
**WCC Moms | December Gathering:** December 16 at 6:00 PM

**Download our WCChurch app or scan the QR code for more info or to sign up!**

# STUDY QUESTIONS

## GETTING STARTED:

On a scale of 1 to 10, how fast is life moving for you right now? If you answered 7 or higher, what do you wish were different? If you answered 6 or lower, what is helping you keep that pace?

## A DEEPER DIVE:

» In what areas of your life have you experienced the consequences of moving too fast spiritually, and what did it cost you?

» Proverbs 19:2 warns that hasty feet miss the way, and the Hebrew word for 'miss' is the same word used for sin. How does this connection between hurry and missing God's path change the way you think about the pace of your daily life?

» What fears are currently driving the pace of your life, and how might surrendering those fears to God change how you move through each day?

» Proverbs 27:1 reminds us that tomorrow is not promised, and James describes life as a mist. What relationships, conversations, or moments of gratitude are you postponing until a future season that may never arrive?

» Proverbs 8 describes wisdom standing at the busiest intersection in the city, crying out to anyone who will stop and listen. What practical rhythms or habits could you build into your week to slow down and hear what God is saying?

» Proverbs 16:9 says that humans plan their course, but the Lord establishes their steps. How does the tension between planning wisely and trusting God with outcomes show up in the way you manage your schedule and set your goals?

» How might deliberately slowing down change the way you experience God's provision and presence in ordinary moments?

» What would it look like for you to choose a pace of life that keeps you close enough to Jesus to actually hear His voice and follow where He leads?

## NEXT STEPS:

» Practice, "Quit Something Thursday." Pick one obligation, habit, or pattern that is draining your margin and hindering your spiritual, mental, or physical health. Make a plan to quit it.