



Difficult Questions

Answered from the Bible



**Why Are You
Commanded to
“Love Yourself” ?**



1. The command to
love yourself ...

... is given again and again in Scripture.

Matthew 19:19

You shall love your neighbor as yourself.

Matthew 22:39

And the second is like it: 'You shall love your neighbor as yourself.

Luke 10:27

So he answered and said, 'You shall love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbor as yourself.

Galatians 5:14

For all the law is fulfilled in one word, even in this: "You shall love your neighbor as yourself."

James 2:8-9

If you really fulfill the royal law according to the Scripture, "You shall love your neighbor as yourself, you do well;

Leviticus 19:18

But you shall love your neighbor as yourself: I am the LORD.

... given again and again in Scripture

2. The command to
love yourself ...

... leads to the True LOVER of your soul.

Psalms 14:2-3

- 2 The LORD looks down from heaven upon the children of men, To see if there are any who understand, who seek God.
- 3 They have all turned aside, They have together become corrupt; There is none who does good, No, not one.

... leads to the True **LOVER** of your soul.

1 John 4:9-10

9 In this the love of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him. **10** In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins.

Ephesians 5:25-26

25 Just as Christ also loved the church and gave Himself for her, **26** that He might sanctify and cleanse her with the washing of water by the word,

... leads to the True LOVER of your soul.

3. The command to
love yourself ...

... becomes your MODEL for loving others.

1 John 4:11

Beloved, if God so loved us, we also ought to love one another.

Matthew 7:12

Therefore all things whatsoever ye would that men should do to you, do ye even so to them:

Colossians 3:13 TLB

Be gentle and ready to forgive; never hold grudges. Remember, the Lord forgave you, so you must forgive others.

... becomes your MODEL for loving others.

The So-What

- How are you doing at loving you and your neighbor?

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