

Wisdom - Guard Your Heart

Proverbs 4:20-27

February 25, 2024





Proverbs 4

- 20) My son, give attention to my words; Incline your ear to my sayings.
 - 21) Do not let them depart from your eyes; Keep them in the midst of your heart;
 - 22) For they are life to those who find them, And health to all their flesh.
 - 23) Keep your heart with all diligence, For out of it spring the issues of life.
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Proverbs 4

- 24) Put away from you a deceitful mouth, And put perverse lips far from you.
 - 25) Let your eyes look straight ahead, And your eyelids look right before you.
 - 26) Ponder the path of your feet, And let all your ways be established.
 - 27) Do not turn to the right or the left; Remove your foot from evil.
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The Heart



- our inner being,
- our seat of consciousness,
- our core of decision-making,
- the center of our mind, our emotions, and our will

- **The importance of guarding our heart.**
- **How do we guard it?**



- our inner being,
- our seat of consciousness,
- our core of decision-making,
- the center of our mind, our emotions, and our will

Guarding your heart is....

I. A life-or-Death Matter

Proverbs 4

- 20) My son, give attention to my words; Incline your ear to my sayings.
- 22) For they are life to those who find them, And health to all their flesh.

Guarding your heart is....

II. Guarding Your Greatest Treasure

Proverbs 4

- 21) Do not let them depart from your eyes; Keep them in the midst of your heart;
- 23) Keep your heart with all diligence, For out of it spring the issues of life.

Guarding your heart

III. Will Require Three Actions...

1. Rejecting false lips

Proverbs 4;24

Put away from you a deceitful mouth,
And put perverse lips far from you.

Ephesians 4

14 that we should no longer be children,
tossed to and fro and carried about with every
wind of doctrine, by the trickery of men, in the
cunning craftiness of deceitful plotting,
15 but, speaking the truth in love, may grow up
in all things into Him who is the head—Christ—

Guarding your heart

III. Will Require Three Actions...

2. Keeping a gaze on your destination

Proverbs 4:25

Let your eyes look straight ahead, And
your eyelids look right before you.

Romans 11:36

For of him, and through him, and to him, are
all things: to whom be glory for ever. Amen.

God had a destination for you before you were born.

Psalms 139:13-16 NIV

- For you created my inmost being; you knit me together in my mother's womb.
- I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.
- My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.
- Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

Guarding your heart

III. Will Require Three Actions...

3. Having a life that reflects a guarded heart

Proverbs 4:26-27

Ponder the path of thy feet, and let all thy ways be established.

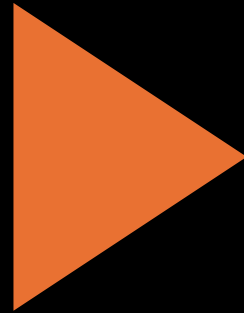
Turn not to the right hand nor to the left: remove thy foot from evil.



Heart Guard Challenge



Is there an area in your life that you need to better guard?



What steps do you need to take today to better guard that area?

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