



Peace in the storm

# 1. God uses storms to get our attention

Jonah 1:4 But the LORD sent out a great wind into the sea, and there was a mighty tempest in the sea, so that the ship was like to be broken.

Mark 4:37 And there arose a great storm of wind, and the waves beat into the ship, so that it was now full.

Whether you're in rebellion or obedience, storms have a purpose.

Storms don't mean God has abandoned you; sometimes they're how He calls you back or grows your faith.

## 2. Sleeping During the Storm

Jonah 1:5-6 Then the mariners were afraid, and cried every man unto his god, and cast forth the wares that were in the ship into the sea, to lighten it of them. But Jonah was gone down into the sides of the ship; and he lay, and was fast asleep.

So the shipmaster came to him, and said unto him, What meanest thou, O sleeper? arise, call upon thy God, if so be that God will think upon us, that we perish not.

Mark 4:38 And he was in the hinder part of the ship, asleep on a pillow: and they awake him, and say unto him, Master, carest thou not that we perish?

Jonah's sleep represents his momentary disconnect from God.

Jesus sleep represents His divinity.

### 3. Only God Can Calm the Storm

Jonah 1:15 So they took up Jonah, and cast him forth into the sea: and the sea ceased from her raging.

Mark 4:39 And he arose, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm.

Jonah had to be thrown off the ship in order to save the ones that were on the ship, but also save himself and get back into right standings with God.

Jesus just spoke the word and the sea was calm. Doing this demonstrates that He has power over all creation.

When God take you to the storm,  
He will carry you through the  
storm.