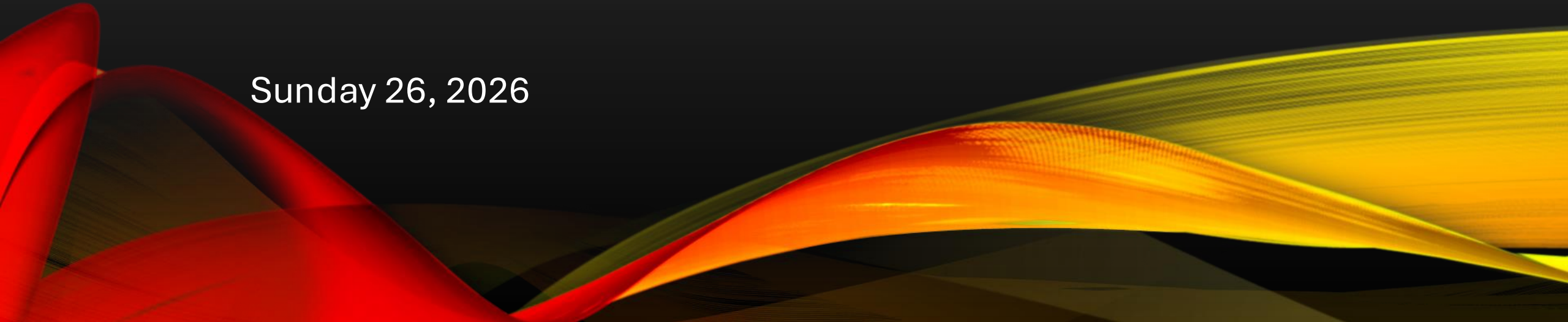


What supports us
when life shakes us?

HOW FIRM A FOUNDATION

Sunday 26, 2026



QUESTION...

What supports us
when life shakes
us?

Isaiah 41:10 NKJV

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

KEY
TEXT

How Firm A Foundation

How firm a foundation, ye saints of the Lord, is
laid for your faith in God's excellent Word!
What more can be said than to you God hath
said, to you who for refuge to Jesus have fled?

"Fear not, I am with thee, O be not dismayed,
for I am thy God, and will still give thee aid; I'll
strengthen thee, help thee, and cause thee to
stand, upheld by my righteous, omnipotent
hand.

HYMN

by John Rippon

Stanza 1

How firm a **foundation**, ye saints of the Lord,
is laid for your faith in **God's excellent Word!**
What more can be said than to you God
hath said, to you who for refuge to Jesus
have fled?

1. God's Word: Our Firm Foundation

Matthew 7:24-25 NKJV

Therefore whoever **hears** these sayings
of Mine, and **does** them, I will liken
him to a wise man who built his house
on the **rock**: **25** and the rain
descended, the floods came, and the
winds blew and beat on that house;
and it did not fall, for it was **founded
on the rock**.

Stanza 2 (Isaiah 41:10)

“Fear not, I am with thee, O be not
dismayed, For I am thy God, and will
still give thee aid; I’ll strengthen thee,
help thee, and cause thee to stand,
Upheld by My righteous, omnipotent
hand.”

2. God’s Presence: In Our Troubled Waters

Isaiah 43:2 NKJV

When you pass through the waters,
I will be with you; And through the
rivers, they shall not overflow you.

Stanza 4 (Isaiah 41:10)

"When through **fiery** trials thy pathway shall lie, my grace, all sufficient, shall be thy supply; the flame shall not hurt thee; I only **design thy dross to consume**, and thy gold to refine.

3. God's Trials: Our Refinement

1 Peter 1:6-7 NIV

In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. **7** These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though **refined by fire**—may **result in praise, glory and honor** when Jesus **Christ** is revealed.

Stanza 1

What more can be said than to you God
hath said, to you who for refuge to Jesus
have fled?

4. God's Son: The Only Sure Foundation

1 Corinthians 3:11 NKJV

For no other foundation can anyone
lay than that which is laid, which is
Jesus Christ.



• How Firm a Foundation

- ✓ God's Word: Our Firm Foundation
- ✓ God's Presence: In Our Troubled Waters
- ✓ God's Trials: Our Refinement
- ✓ God's SON: The Only Sure Foundation

CHALLENGE

What has 'doing life' the past week revealed about your stand on the Sure Foundation of Jesus Christ?

What one thing you will do to strengthen your stand this week?

