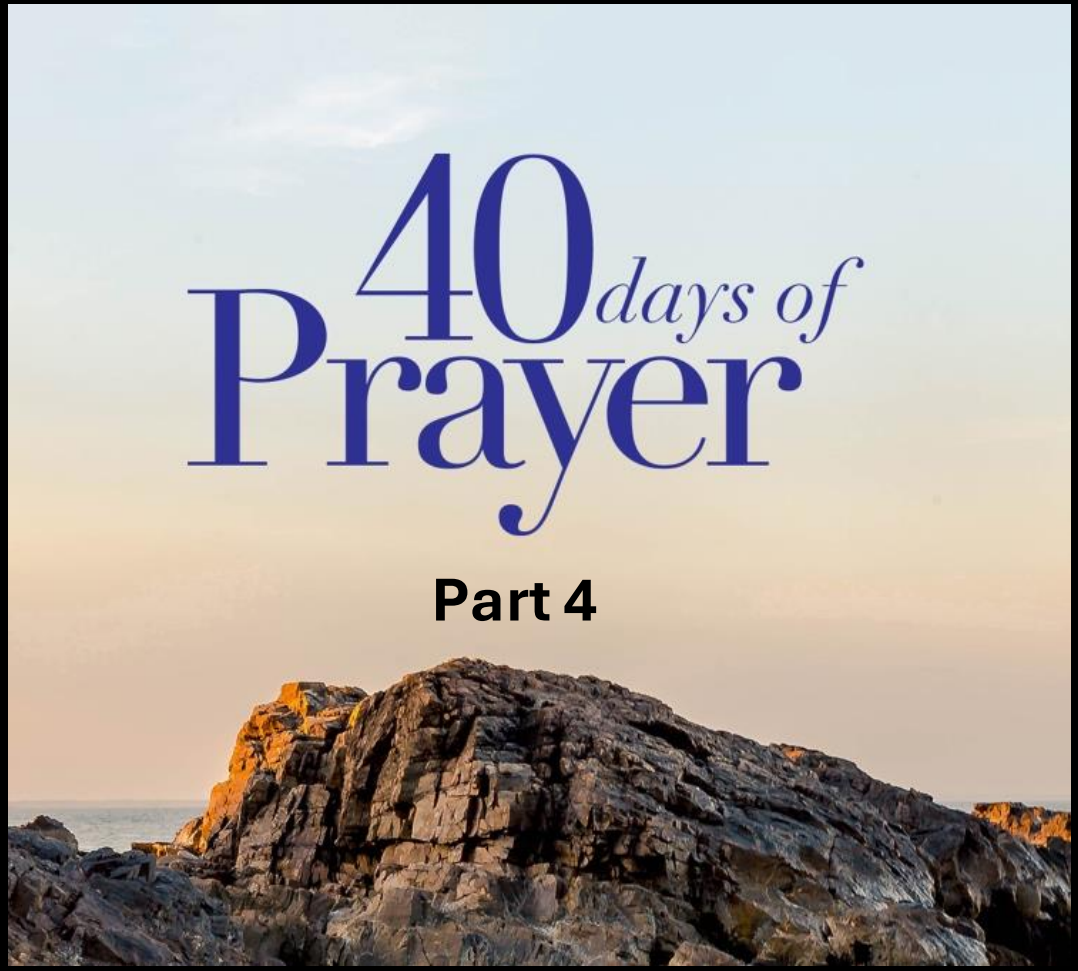

How to Pray for Restoration and Healing

Compassionate Tabernacle of Faith
November 15, 2026

Central Scripture

2 Chronicles 7:14 KJV

If my people, which are called by my name, shall **humble** themselves, and **pray**, and **seek** my face, and **turn** from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.



4 CONDITIONS FOR Restoration and Healing

1. **ADMIT I'M *NOT* IN CONTROL** (Humility)

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"If ***my people*** who are called by my name ***will humble themselves***." *2 Chronicles 7:14a*

1. **ADMIT I'M *NOT* IN CONTROL…**
   Humility

"God ***leads*** ***the humble*** in the right way and teaches them his will." *Psalm 25:9 (TEV)*

- **If I'm humble, GOD WILL GUIDE ME**

1. **ADMIT I'M *NOT* IN CONTROL** (Humility)

"I ***will bless those who have humble*** and contrite hearts..." *Isaiah 66:2 (NLT)*

- **If I'm humble, GOD WILL BLESS ME**

2. *ASK* GOD FOR HELP! (Pray)

2. ***ASK*** **GOD FOR HELP!** (Pray)

"If my people...***will pray*****...** ***2 Chron 7:14b***

2. *ASK* GOD FOR HELP! (Pray)

Jesus: "...I tell you the truth, my Father *will give you anything you ask for in my name*. Until now you have not asked for anything in my name. *Ask and you'll receive*, so that *your joy* will be the fullest possible joy."

John 16:23-24 (NCV)

2. *ASK* GOD FOR HELP! (Pray)

- If any of you lacks wisdom, *let him ask of God*, who gives to all liberally and without reproach, and it will be given to him. But let him *ask in faith*, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.
  James 1:5-6 NKJV

3. SEEK GOD, NOT A ***MIRACLE***

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"If my people...***will seek my face..***." ***2 Chron 7:14c***

3. SEEK GOD, NOT A *MIRACLE*

"I love those who love me, and *those who seek me find me*." *Proverbs 8:17*

3. SEEK GOD, NOT A *MIRACLE*

"God rewards those who *earnestly seek him*."

Hebrews 11:6b (NIV)

3. SEEK GOD, NOT A *MIRACLE*

"*If you seek the Lord your God*, you will find him *IF you look for him with all your heart and with all your soul*. *When* you are in distress and all these things have happened to you, *you will return to the Lord your God and obey him*. *Deuteronomy 4:29-31a (NIV)*

4. TURN MY ATTENTION ***FROM*** THE WORLD TO THE WORD

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"If my people...***turn from their wicked ways***..."

2 Chron 7:14d

4. TURN MY ATTENTION *FROM* THE WORLD TO THE WORD

“If you hide your sins, you will not succeed. But if you confess and reject them, you will receive mercy.”

Proverbs 28:13 (NCV)

4. TURN MY ATTENTION *FROM* THE WORLD TO THE WORD

“Therefore confess your sins to each other and pray for each other so that you may be healed.”

James 5:16 (NIV)

CONDITIONS FOR

Restoration and Healing

- Admit I’m NOT in control, or humble myself.
- Ask God for help, or pray.
- Seek God, not a Miracle.
- Turn my attention from the world to the WORD.

This Week's Prayer Challenge...

- Let's pray through these Prayer conditions for Restoration and Healing now and next week during our prayer times.