



ANXIOUS FOR NOTHING

Part 3: The Perspective of Praise!

“Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” - Philippians 4:4-7 NIV

Sing praises to God and to his name! Sing loud praises to him who rides the clouds. His name is the Lord—rejoice in his presence! - Psalm 68:4 NLT

Praise changes our perspective, and perspective is everything!

And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News. 13 For everyone here, including the whole palace guard, knows that I am in chains because of Christ. 14 And because of my imprisonment, most of the believers here have gained confidence and boldly speak God’s message without fear. - Philippians 1:12-13 NLT

Three principles about the perspective of praise:

1. Praise him for WHO he is, not WHAT he’s done!

A mob quickly formed against Paul and Silas, and the city officials ordered them stripped and beaten with wooden rods. 23 They were severely beaten, and then they were thrown into prison. The jailer was ordered to make sure they didn’t escape. 24 So the jailer put them into the inner dungeon and clamped their feet in the stocks. 25 Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. - Acts 16:22-25 NLT

2. Praise him because he CAN rescue you, and praise him even if he DOESN’T.

Suddenly, there was a massive earthquake, and the prison was shaken to its foundations. All the doors immediately flew open, and the chains of every prisoner fell off! 27 The jailer woke up to see the prison doors wide open. He assumed the prisoners had escaped, so he drew his sword to kill himself. 28 But Paul shouted to him, “Stop! Don’t kill yourself! We are all here!” 29 The jailer called for lights and ran to the dungeon and fell down trembling before Paul and Silas. 30 Then he brought them out and asked, “Sirs, what must I do to be saved?” - Acts 16:26-30 NLT

3. The key that UNLOCKS your miracle might just be the sound of your PRAISE!

TALK IT OVER

- Has there ever been a time in your life when a new perspective made a big difference? What happened?
- How can we start to approach all situations with a perspective of praise?
- How could you praise God for a struggle you're facing right now?

Suggested Reading Plan: [Anxious For Nothing](#)

Announcements:

- **Sunday Service @ 10 AM.** Nursery for children up to age 4 on weeks 2,3 & 4; KidZone for ages 5-11.
 - Christmas in KidZone 12/10!
- **Girl's Ministry** for grades K-6 *on Wednesdays @ 5:30 PM!*
- **Finish Line Youth** for ages 12-12th grade *Wednesdays @ 7 PM!*
 - Wood'n Wheel outing 12/8!
- **Women's Bible Study** - *Abide: A Study of 1,2, & 3 John*, Thursdays from 6:30-8 PM.
 - Christmas "Snack & Paint" 12/8!
- **Pizza with Pastor** following the Sunday Service 10/22 - 11/12 for those who pre-registered.
- **Operation Christmas Child** shoebox packing and collection 11/12. See Melissa Lasher for more info.
- **Angel Tree** is a ministry to children of incarcerated parents. 11/26 - Take an "angel;" 12/10 - return wrapped gift; 12/17 - Deliver gifts. See Shirley Lane if you are interested in participating.
- **Christmas Play** 12/17! Invite your family, friends and neighbors!

For more information, visit newlife-saugerties.org and download our mobile app!


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