



Part 5: When Past Hurts Still Hurt

Abuse breaks the heart of God, and God is always on the side of the abused!

Do not oppress the widow or the fatherless, the foreigner or the poor. Do not plot evil against each other.
- Zechariah 7:10 NIV

The Lord is close to the brokenhearted and saves those who are crushed in spirit. - Psalm 34:18 NIV

Jesus understands because he's been there!

This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. - Hebrews 4:15 NLT

So Pilate released Barabbas to them. He ordered Jesus flogged with a lead-tipped whip, then turned him over to the Roman soldiers to be crucified. 27 Some of the governor's soldiers took Jesus into their headquarters[f] and called out the entire regiment. 28 They stripped him and put a scarlet robe on him. 29 They wove thorn branches into a crown and put it on his head, and they placed a reed stick in his right hand as a scepter. Then they knelt before him in mockery and taunted, "Hail! King of the Jews!" 30 And they spit on him and grabbed the stick and struck him on the head with it. 31 When they were finally tired of mocking him, they took off the robe and put his own clothes on him again. Then they led him away to be crucified. - Matthew 27:26-31 NLT

To The Abuser: Repent! Healing & Renewal is Possible!

The Roman officer and the other soldiers at the crucifixion were terrified by the earthquake and all that had happened. They said, "This man truly was the Son of God!" - Matthew 27:54 NLT

Seek the Lord while you can find him. Call on him now while he is near. 7 Let the wicked change their ways and banish the very thought of doing wrong. Let them turn to the Lord that he may have mercy on them. Yes, turn to our God, for he will forgive generously. - Isaiah 55:6-7 NLT

To the Abused:

- Know that abuse is never your fault, and you have the right to live an abuse-free life!
- If you are in immediate danger, get to a safe place!
- You can't heal while you hate.

Jesus said, "Father, forgive them, for they don't know what they are doing." - Luke 23:34 NLT

Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. 32 Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. - Ephesians 4:31-32 NLT

- **Your prayer for others may or may not change them, but it always changes you.**
- **Even after the resurrection, Jesus still had scars.**

But he was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole. He was whipped so we could be healed. - Isaiah 53:5 NLT

TALK IT OVER

- Read Isaiah 53:4-5. What stands out to you in this passage? How does it impact the way you view Jesus?
- Have you or a family member or friend experienced abuse or other hurts that you need to process? Spend time listening to and caring for one another.
- Talk about some ways you can find healing. How would your life look different if you started to forgive people who have hurt you?

If you or someone you know is currently in an abusive situation, call 1-800-799-7233 or visit www.thehotline.org/ to start a free, confidential chat with someone who can help.

Suggested Reading Plan: [Jesus Can Relate](#)

Announcements:

- **Sunday Service @ 10 AM.** Nursery for children up to age 4 (except first week); KidZone for ages 5-11.
- **Girl's Ministry** for grades K-6 *is on pause for the summer!*
- **Finish Line Youth** for ages 12-12th grade *is on pause for the summer!*
- **Kingdom Seekers Vacation Bible School FREE** for K-6 kids, August 14-18 from 9 AM to 12 noon. Register to attend or volunteer at <https://newlife-saugerties.org/vbs>
- **New Life Community Festival** August 19 from 11 AM to 2 PM. FREE games, food, prizes, backpack giveaway, and more for our community! Click [here](#) to volunteer!

For more information, visit newlife-saugerties.org and download our mobile app!

