

# Would He Be Enough?

## 5 Day Devotional

### *Day 1*

Reading: Luke 10:38-42

#### Devotional:

In the account of Mary and Martha, we see two different approaches to Jesus' presence. Martha is busy and distracted by the preparations, while Mary chooses to sit at Jesus' feet, listening to His word. Jesus gently reminds Martha that while her work is valuable, Mary has chosen what is truly necessary—being with Him. This passage challenges us to consider our priorities and the distractions that keep us from experiencing God's presence fully.

#### Application:

**Reflect** on your daily life and identify areas where you, like Martha, may be distracted by the busyness of life. **Consider** setting aside dedicated time each day to sit quietly with God, as Mary did. Start with five minutes of silence and scripture reading, gradually increasing the time as you become more comfortable with this practice.

## ***Day 2***

Reading: Isaiah 40:8

### **Devotional:**

This scripture reminds us of the permanence and reliability of God's word. Unlike the fleeting nature of earthly matters, such as beauty and possessions that wither and fade, God's word stands forever. This assurance allows us to anchor our lives in truths that transcend time and circumstance.

### **Application:**

Spend some time journaling about one or two promises in God's word that have been significant in your life. **Meditate** on these promises throughout the day and consider memorizing them. When distractions or trials arise, recall these scriptures to maintain your focus and faith.

## ***Day 3***

Reading: Psalm 34:1-3

### **Devotional:**

David opens this psalm with a declaration of praise, choosing to bless the Lord at all times. His invitation to "magnify the Lord" with others emphasizes the communal aspect of faith, encouraging believers to join together in worship and gratitude. Praising God shifts our focus from our problems and distractions to His greatness and faithfulness.

### **Application:**

Begin your day by **expressing gratitude** to God for **three specific things**. **Write** them down or share them with a friend or family member. Notice how this practice changes your outlook and reduces distractions by focusing your attention on God's goodness.

## ***Day 4***

Reading: Psalm 34:17-19

### Devotional:

These verses promise that God hears the cries of the righteous and is near to the brokenhearted. In our deepest moments of distress and distraction, God is present and faithful. This scripture provides comfort and assurance that God's nearness is a constant, especially when life feels overwhelming.

### Application:

**Take stock of any burdens or worries you are currently carrying.** Offer them to God in **prayer, trusting** Him to be near and to deliver you in His perfect timing. **Reach** out to someone you trust and share how you see God at work in your life, building a community of support and affirmation of God's faithfulness.

## ***Day 5***

Reading: Psalm 119:11

### **Devotional:**

What does it mean to hide God's word in our hearts? It suggests a deliberate and deep-seated commitment to memorize and meditate on scripture, allowing it to guide us away from sin and toward righteousness. By planting God's word deep within, it becomes a part of who we are, ready to surface when we need guidance, comfort, or correction.

### **Application:**

**Choose a short passage of scripture to memorize this week. Write** it on a card or set it as a reminder on your phone. Recite it several times a day, reflecting on its meaning and implications for your life. **Consider** how this practice of scripture memorization can help you resist distractions and stay focused on God's will.