

# The Enemy Within

## Know Your Enemy | Week 3 Devotional

### ***Day 1: Understanding the Spiritual Battle***

Reading: Ephesians 6:10-17

#### **Devotional:**

The apostle Paul outlines the concept of a spiritual battle in Ephesians 6. This passage challenges us to recognize that, though we might be consumed by physical realities, there is an unseen battle affecting our spiritual lives. We are encouraged to equip ourselves with the full armor of God, highlighting the urgency and necessity of being prepared for the challenges that arise. The emphasis is on a spiritual defense rather than a physical one, urging believers to be vigilant against the doubts and distractions posed by the enemy.

#### **Application:**

**Reflection:** Consider the spiritual battles you are currently facing. What patterns or recurring doubts have you noticed in your life that could be acting as distractions?

**Action:** List the spiritual armor mentioned in Ephesians 6 and evaluate which parts you currently find hardest to 'wear' or understand. Research or consult a mentor about how these can be better integrated into your life.

**Prayer:** Ask God for wisdom and strength to recognize the spiritual battles in your life and for guidance in donning His full armor to stand firm and effective against them.

## ***Day 2: The Helmet of Salvation***

Reading: Ephesians 6:17; 1 Thessalonians 5:8

### **Devotional:**

The helmet of salvation signifies protection for our minds, crucial in the spiritual battle. Salvation through Christ provides us with the assurance of God's promises and protection against the doubts seeded by the enemy. In 1 Thessalonians 5:8, we are reminded to maintain our hope in salvation as a defense against despair and confusion. The helmet symbolizes the protection of our identity in Christ, keeping our minds focused on His promises rather than the enemy's lies.

### **Application:**

**Reflection:** What doubts or worries tend to cloud your mind and challenge your identity in Christ? How often do you question the promises of God?

**Action:** Memorize Ephesians 6:17 and 1 Thessalonians 5:8. Let these verses remind you daily of the assurance you have in Jesus. Write these verses in a place you see daily to remind you of their assurance.

**Prayer:** Pray for a reinforced understanding of your salvation and for God's peace to guard your mind against the enemy's tactics. Thank God for His unchanging promises.

## ***Day 3: Confidence in God's Promises***

Reading: John 6:37-39

**Devotional:**

Jesus reassures us in John 6:37-39 that those who come to Him are secure in His hands. This passage offers profound comfort, emphasizing the certainty of God's protection and guidance. The promises that Jesus will not cast out those the Father gives Him, and that He will raise them up on the last day, reinforces our salvation's security. It's an invitation to trust the reliability and completeness of His promises.

**Application:**

**Reflection:** Do you fully trust that God will never cast you out? What makes it challenging to trust this promise wholeheartedly?

**Action:** Write down any fears related to your salvation or relationship with God, and beside each, note Jesus' promises from John 6:37-39 as a confrontation to those fears.

**Prayer:** Thank Jesus for His promise of security and ask for faith to live confidently in this assurance. Pray about your fears and surrender them to His faithful care.

## ***Day 4: Disobedience and Doubt***

Reading: 2 Corinthians 10:3-5

### **Devotional:**

Paul speaks to the power of divine weapons in overcoming strongholds in 2 Corinthians 10:3-5. This passage emphasizes obedience to Christ and the destructive impact of disobedience, which opens the doorway to doubt. Every thought must be taken captive in obedience to God, highlighting the need for disciplined thought patterns and behaviors in maintaining spiritual integrity. Disobedience fuels doubt, weakening our spiritual defenses.

### **Application:**

**Reflection:** In what ways have you allowed disobedience to affect your confidence in God? How does doubt show up in your life?

**Action:** Identify a specific area of disobedience in your life. Create a plan for how you'll address this, whether through accountability, study, or prayer.

**Prayer:** Seek forgiveness for areas of disobedience and ask God to help strengthen your resolve to live obediently. Pray for the clarity to take every thought captive in alignment with His will.

## **Day 5: Assurance and Effectiveness**

Reading: James 1:22-25

### **Devotional:**

James encourages active faith, urging believers not just to hear the word, but to do it. Assurance of salvation breeds effective action. If we trust and believe we are saved, this confidence propels us into fruitful, obedient service. The helmet of salvation not only protects but equips us to live out our faith vigorously, advancing God's kingdom without the paralyzing influence of doubt.

### **Application:**

**Reflection:** How assured are you of your salvation, and how does that assurance affect your daily actions and decisions?

**Action:** Review your recent actions and identify how they reflect your beliefs about your salvation. Set a goal for incorporating a specific act of service into your routine that aligns with the assurance of your faith.

**Prayer:** Ask God to solidify your assurance in your salvation and to use you effectively for His purposes. Pray for opportunities to act out your faith in both simple and profound ways.