

The Enemy Within

Know Your Enemy | Week 2 Devotional

Day 1: The Armor of God

Reading: Ephesians 6:13-14

Devotional:

In Ephesians 6:13-14, Paul urges believers to put on the full armor of God to stand firm against the enemy. The armor includes the belt of truth and the breastplate of righteousness. These elements symbolize foundational truths and moral integrity, acting as our spiritual defense against deception and sin. Truth anchors us, preventing us from falling into the traps of the enemy, while righteousness protects our hearts from corruption.

Application:

Reflection: Consider how the truth of God's Word has anchored your life during difficult times. Reflect on areas where you need to strengthen your commitment to live righteously.

Action: Identify a specific truth from the Bible that you need to internalize this week, write it out in places you'll see every day so that you won't forget it.

Prayer: Ask God to help you discern His truth and empower you to live righteously, standing firm against spiritual battles.

Day 2: The Gospel of Peace

Reading: Ephesians 6:15

Devotional:

The Gospel of Peace is likened to a soldier's footwear, providing stability and readiness. Just as Roman soldiers needed sturdy shoes to maintain their footing during battle, Christians require the peace that comes from the gospel to navigate life's challenges with confidence. The gospel not only reconciles us to God but also empowers us to bring peace to others.

Application:

Reflection: Reflect on situations where the peace of the gospel has helped you stay grounded. How can you offer this peace to those around you?

Action: Choose one relationship or situation where you can proactively bring the peace of Christ this week.

Prayer: Pray for God's peace to fill your heart and give you opportunities to share His peace with others.

Day 3: The Shield of Faith

Reading: Ephesians 6:16

Devotional:

Faith is described as a shield that extinguishes the flaming arrows of the enemy. The Roman shield, covered in water-soaked leather, was designed to snuff out fiery darts. Likewise, our faith, refreshed daily by the Word, protects us from doubt, fear, and temptation. As we lean into God's promises, our faith strengthens, rendering the enemy's attacks ineffective.

Application:

Reflection: Think about areas in your life where your faith has been tested. How has your faith acted as a shield during these times?

Action: Make it a priority to spend time each day soaking in Scripture that bolsters your faith.

Prayer: Ask God to fortify your faith, to protect you from the enemy's attacks, and to give you courage in times of spiritual warfare.

Day 4: The Message of Good News

Reading: Isaiah 52:7

Devotional:

Isaiah 52:7 speaks of the beauty of those who bring good news. As believers, we are carriers of the gospel, the message that Jesus has conquered sin and death. This good news provides hope and reconciliation not just for us but for a world in need. We are called to be evangelists, sharing the victory of Christ wherever we go.

Application:

Reflection: Reflect on how the gospel has transformed your life. In what ways can your story of transformation be shared?

Action: Look for an opportunity to share your faith story or an encouraging word from Scripture with someone this week.

Prayer: Pray for God to reveal an opportunity to share the Gospel with someone you know this week. Pray for the Holy Spirit to empower you to follow through with the prompting He gives you when you encounter that person.

Day 5: Maintaining Spiritual Readiness

Reading: Philippians 4:6-7

Devotional:

Philippians 4:6-7 reminds us not to be anxious, but to bring our requests to God. The peace of God, which surpasses understanding, will protect our hearts and minds. This peace equips us for daily battles and makes us effective witnesses. Regular communication with God through prayer ensures that we remain spiritually prepared.

Application:

Reflection: Consider how prayer has impacted your peace and readiness. Are there areas where you need to invite God's peace more intentionally?

Action: Set a specific time each day for prayer. Set an alarm on your phone to remind you to pray at this time each day. When you pray this week, focus on submitting anxieties to God and receiving His peace.

Prayer: Thank God for His peace that guards your heart and mind, and ask for increased awareness of His presence as you go about your day.