

**BE STRONG**

*Week 9:*

*Ephesians 6:10-13*

# REVIEW

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1. “A final word”: This is our summary statement.
  1. In 3:16, “I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit.”
  2. Chapter 1- Riches of every spiritual blessing
  3. Chapter 2- Reason is we were dead in sin
  4. Chapter 3- Revealed our salvation as saints

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“But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.” (1 John 4:4)

We battle not ***FOR*** victory but ***FROM*** victory!

# BATTLE PLANS

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(With Love + Light) Be filled with the Spirit (5:18)

- In Worship (5:19)
- In Thanksgiving (5:20)
- In Submission (5:21)
- And finally with the sword of the Spirit the word of God and praying in the Spirit (6:17,18)

# OPEN WAR

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- In The Lord of the Rings: The Two Towers King Theoden of Rohan has come under a spell of fear. Gandalf, Legolas, Gimli, and Aragorn visit him to convince him to engage in the impending battle outside the castle walls.
- King Theoden of Rohan: “I know what you are asking of me. And I will not risk open war”
- Aragorn: “Open war is upon us, whether you would risk it or not.”

# BE STRONG

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- Gandalf and Aragorn's plea is: "Ride out and meet him head on." The king had the resources but lacked the courage.
- Our Lord calls us to a similar plan in our battle: "Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil." War is upon us... so be strong in the Lord's mighty power.

# BE STRONG

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The Greek word here is “Endunamoo” and is a root to our English word ‘dynamite’. It means inherent power from the nature of the thing itself. It is either a passive = ‘allow the Lord to strengthen you’, or a middle voice = ‘strengthen yourself in the Lord’, but it is clearly a command. It is clear that believers are to get their power which is inherent in the Lord!

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Here we find two essential ingredients to our battle

1. Be strong in the Lord
  2. Put on the full armor of God
- The first comes before the second, for even a weak person in full armor is ineffective in battle. Basic training in Christian strength is needed before we put on the full armor.



# DAILY STRENGTH

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- How do I first get strong as a follower of Jesus in the battle? What activities will strengthen me day to day in the Lord?
- Turn on the light of a daily walk in these five: LOVE (5:2), LIGHT (5:14-18), WORSHIP (5:19), THANKSGIVING (5:20), & SUBMISSION to the Lord (5:21)
- Then daily learn how to wield these weapons: The Word of God and Prayer (6:17,18)

# DAILY STRENGTH

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Here are 7 declarations for daily strength

1. I am loved by God and empowered to sacrifice my life to love another today.
2. I seek the light of a sober mind and careful walk with the Lord today.
3. I worship the Living God and Him alone. I sing a song of praise to Him today.
4. I guard my heart with gratitude and drive out dissatisfaction by giving thanks to Him today.
5. I submit myself to the Lord and His will for my life today. He calls me to mutual submission and key roles to fulfill in Him today.
6. I will seek to know and do what God's Word tells me to do today.
7. I will pray at all times for my own strength and for others today.