



INTENDED FOR GOOD

THE BOOK OF GENESIS



So the creation of the heavens and the earth and everything in them was completed.

GENESIS 2:1



2 On the seventh day God had finished his work of creation, so he rested from all his work. 3 And God blessed the seventh day and declared it holy, because it was the day when he rested from all his work of creation. 4 This is the account of the creation of the heavens and the earth.

GENESIS 2:2-4



¹⁶ So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths.
¹⁷ For these rules are only shadows of the reality yet to come. And Christ himself is that reality.

COLOSSIANS 2:16-17

⁹ So now that you know God (or should I say, now that God knows you), why do you want to go back again and become slaves once more to the weak and useless spiritual principles of this world? ¹⁰ You are trying to earn favor with God by observing certain days or months or seasons or years.

GALATIANS 4:9-10



The Sabbath was given to Israel, not the church. The Sabbath is still Saturday, not Sunday, and has never been changed. The Sabbath is part of the Old Testament Law, and Christians are free from the bondage of the law ([Galatians 4:1–26](#); [Romans 6:14](#)). Sabbath-keeping is not required of the Christian—be it Saturday or Sunday. The first day of the week, Sunday, the Lord’s Day ([Revelation 1:10](#)), celebrates the new creation, with Christ as our resurrected Savior. The apostle Paul said that each individual Christian should decide whether to observe a Sabbath rest: “One man considers one day more sacred than another; another man considers every day alike. Each one should be fully convinced in his own mind” ([Romans 14:5](#)). We are to worship God every day, not just on Saturday or Sunday.

<https://www.gotquestions.org/Saturday-Sunday.html>



“Our new pattern as followers of the Lord Jesus Christ is not to rest from our work, rather it is to work from our place of rest! Our rest is everyday in our Lord Jesus Christ.”



15 The Lord God placed the man in the Garden of Eden
to tend and watch over it.

GENESIS 2:15



“When you think of Eden, don’t think of a public park with a lawn, a play set, and a flowerbed or two, where God hands Adam a lawnmower and says, Keep it tidy, will ya? Think of a violent, untamed wilderness teeming with beauty, but no infrastructure, no roads, no bridges, no cities, no civilization, and God says, Go make a world. Adam wasn’t a landscape-maintenance employee. He was an explorer, a cartographer, a gardener, a designer, an architect, a builder, an urban planner, a city-maker.”

John Mark Comer, Garden City



18 Then the Lord God said, “It is not good for the man to be alone.”

GENESIS 2:18



⁵so it is with Christ's body. We are many parts of one body, and we all belong to each other.

ROMANS 12:5

⁹Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. ¹⁰Love each other with genuine affection,¹⁰ and take delight in honoring each other. ¹¹Never be lazy, but work hard and serve the Lord enthusiastically.

ROMANS 12:9-11

