

March 19, 2017

NOTES:

Hope: From the Mountain to the Valley

Series Memory Verse

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Romans 15:13

Points from the story of Elijah

Scripture: 1 Kings 18-19

1. Our hope should not be contingent on results because the results are not up to us, but GOD. (1 Kings 19:1-4)
2. Succumbing to fear destroys hope. (1 Kings 19:3-4)
3. In our moments of despair and depression God often speaks in a still small voice. (1 Kings 19:12)

QUESTIONS

1. Have you ever had a season in your life that you would consider a mountain top season? If so, what did you learn? Also, was it followed by a valley?
2. Do you ever find yourself disappointed in God? Could it be that you might have preconceived expectations for the results?
3. What are some ways you can remind yourself to choose hope when you are tempted with fear?
4. Have you had a time in your life when you were called to be obedient but had no idea what the results might be?
5. Have you had a time in your life that you wanted God to speak to you loud and clear, but he was silent?